

Prevalence of Two Root Canals in Human Mandibular Lateral Incisor Teeth

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Abstract: Objective of the study was to determine the frequency of second canal in extracted mandibular lateral incisors. This study included 50 extracted permanent mandibular lateral incisors. These extracted teeth were stored in 10% formalin until access preparation was made. Pulp chamber was accessed using round bur and then irrigated with sodium hypochlorite till it is clearly visible. Then DG16 endodontic explorer was used for the location and negotiation of second canal after location of main canal. Teeth in which second canal was located, No. 10 K-files were inserted into main canal and second canal. Then two periapical radiographs from the buccolingual and proximal sides were taken for confirmation. Results were then recorded in proforma. Single canal was found in 62% of permanent mandibular lateral incisors. 39% of permanent Mandibular lateral incisors had second canal. The frequency of second canal in the present study was 38% of permanent mandibular lateral incisors.

Key Words: Access cavity, Mandibular lateral incisors, Root canal, Second canal.

I. Introduction

Knowledge of internal anatomy of tooth is an important factor for undergoing a successful endodontic treatment. To prevent unnecessary failures one must have sufficient know how of internal anatomy as well as its possible different morphologic variations.1,2 Understanding disparity in tooth anatomy due to racial differences are again a matter of concern for negotiation and management of root canals.3,4

There may be one canal with an ovoid or ribbon- shaped configuration or two canals.5 The frequency of two canals in mandibular incisor is reported approximately 41.4% of all mandibular anteriors.6

So the existence of second canal must be suspected.6 When there are two canals, the facial canal is easier to locate and is generally straighter than the lingual canal, which is often shielded by a lingual shelf. The lingual aspect of the pulp chamber should be opened adequately to remove the lingual shelf of dentin over the second canal.5 Different techniques can be used to study root canal morphology of mandibular lateral incisors including radiographic examination7, root sectioning8 and staining and clearing techniques.9 In the present study, radiographs were taken in both buccolingual and mesiodistal direction (Radiovisiography), as it helps in three dimensional view of an object.

The results of previous studies conducted on prevalence of second canals in mandibular incisors are inconsistent.8,10,11 This study will therefore help in performing the root canal treatment with a better understanding of the internal anatomy of the Mandibular lateral incisors.

II. Methodology

A total number of 50 extracted permanent Mandibular lateral incisors were collected from different dental clinics, hospitals and universities within Sulaimani. These extracted teeth were then stored in 10% formalin until use. No information was collected regarding reason for their extraction or the age and gender of the patient. Pulp chamber was accessed using round bur in a high speed hand piece. The pulp chamber was then irrigated with a 2.5% sodium hypochlorite till pulp chamber was made clearly visible. The pulp chamber was then dried with the help of air from the triple syringe. Following the access cavity preparation and location of main canal, the detection and negotiation of second canal was attempted by exploring method with DG16 endodontic explorer under operating light. Teeth in which a second canal was located, No. 10 K-files were inserted into main canal and the second canal. Then two periapical radiographs from the buccolingual and proximal sides (Radiovisiography) were taken for confirmation. Data was then recorded in Proforma.

III. Results

A total number of 50 extracted permanent Mandibular lateral incisors were examined. Out of total sample the frequency of the second canal was determined in 19 (38%) whereas single canal was found in 31 (62%) extracted permanent mandibular lateral incisors. Results are shown in Fig 1.

IV. Discussion

Knowledge of the morphology of the pulp cavity is essential for successful root canal therapy. Mandibular lateral incisors have been reported presenting two canals within a single root.^{6, 17} Presence of missed second canal is one of the main reasons for endodontic failure of mandibular incisors. When only one canal is treated the pulp tissue in the second canal is or may eventually become necrotic and can liberate noxious by-products. If dentists notice that a root canal shows a sudden narrowing or even disappears on the direct periapical exposure, it means that at this the canal divides into two parts. In the present study, radiographs were taken in both buccolingual and mesiodistal direction (Radiovisiography), as it helps in three dimensional view of an object. According to various conducted studies of pulp morphology, second canal is found in 11-68% of Mandibular incisors.^{8,10,11,20,21,22} Rankine-Wilson & Henry in 1965 reported second canals in 40.5% of Mandibular incisors.¹⁷ Vertucci in 1974 examined the root canal morphology of 300 extracted mandibular anterior teeth using clearing technique. Second canal was found in 25% of mandibular lateral incisors.¹¹ Benjamin KA & Dowson J in 1974 studied three hundred sixty four extracted human mandibular incisors radiographically to determine the incidence of two main root canals. Second canal was found in 41.4% of the sample.⁶ Walker in 1988 reported the occurrence of a second canal in the mandibular incisors was infrequent in people of East Asian origin but more frequent in people of European origin.¹⁹ In a study conducted by Ezoddini and Tabrizzadeh in 2006, 55.9% of teeth possessed second canal.²⁴ According to results of another study conducted by Al-Qudah and Awawdeh in 2006, the majority of mandibular incisors had a single canal in 73.8% of teeth, second canal was found in 26.2% of teeth.²⁵ One hundred forty three mandibular incisors were treated endodontically. Single canal was found in 70.67% and multiple canals were found in 29.33% of treated mandibular lateral incisors.²⁶ In the present study, single canal was found in 62% of permanent mandibular lateral incisors. Second canal was found in 38% of permanent Mandibular lateral incisors. These variations in results may be because of differences in study design (in vivo versus ex vivo), technique of canal identification (radiographic examination, sectioning and clearing), racial divergence, classification systems, sample size, ethnic background of tooth sources and patient's age during the time of extraction. It is known that because of the deposition of cementum or dentin, some roots canals would be obliterated by age.²⁷

V. Conclusion

The frequency of second canal in present study was 19 (38%) in permanent mandibular lateral incisors.

Single canal was found in 31 (62%) permanent Mandibular lateral incisors. The frequency of second canal in the present study was within the range of previous reports.

Variations in endodontic system morphology in lower lateral incisors are quite significant. Not considering this opens the way towards treatment failures. When endodontically approaching lower lateral incisors, thorough clinical and multi-incidence radiological and even CBCT examinations are required in order to maximize chances to provide a successful customized endodontic treatment.

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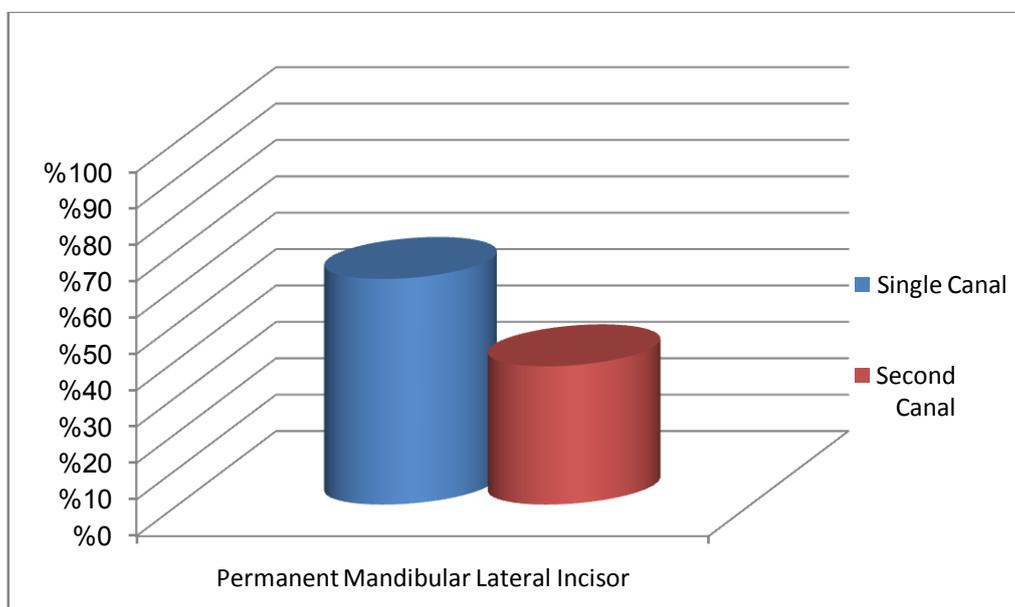


Fig 1: Frequency of second canal in permanent Mandibular lateral incisor(%) n=50