

Periodontal Microbes and Immunity

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Abstract: Knowledge of how immune mechanisms and inflammatory responses are regulated is critical for understanding the pathogenesis of complex diseases, such as periodontitis. The pathogenesis of periodontal disease is mediated by the inflammatory response to bacteria in the dental biofilm. Unlike many infectious diseases, periodontal diseases appear to be infection mediated by the overgrowth of commensal organisms rather than by acquisition of an exogenous pathogen. Recent advances in cellular and molecular biology research have demonstrated the importance of the acquired immune system not only in fighting the virulent periodontal pathogens, but also in protecting the host from developing further devastating condition in periodontal infections. Three basic mechanisms have been postulated to play a role in these interactions; metastatic infections, inflammation and inflammatory injury, and adaptive immunity. The potential role of each alone and together is considered in, in vitro and animal studies and in human studies when available. The present review is intended to highlight the emerging role of neutrophil extracellular trap production in the regulation of immune response and its role in periodontal disease.

Keywords: dental biofilm, adaptive immunity, acquired immune system.

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I. Introduction:

A great amount of effort and preparation is required prior to a theatrical production. Although the curtains may open to an apparently quiet and inanimate scene, all of the stage-hands, lighting staff, technical crews, actors and musicians know their places on the stage and respond to specific signals during the play.

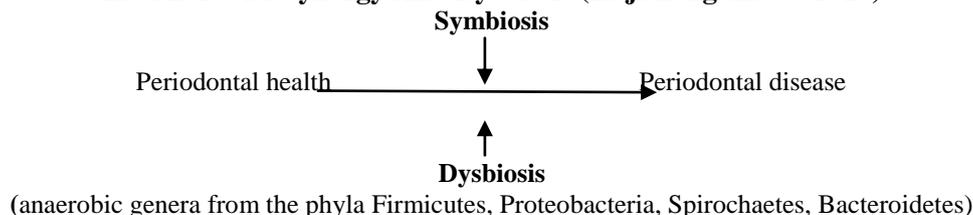
Periodontal health is a dynamic state that may be viewed as one scene in a play. As certain signals are given, specific players respond in a practiced manner and take their places in the scene. If disease-initiating signals are given, the players take positions on the stage that allow them to participate in the disease scene.

Periodontitis is an inflammatory disease induced by bacterial biofilms that accumulate in the gingival margin, in which a series of aberrant inflammatory responses are initiated in periodontal tissues by a small subset of endogenous gram-negative periodontal bacteria, including *Porphyromonas gingivalis*, *Aggregatibacter* (*Actinobacillus*) *actinomycetemcomitans*, *Tannerella forsythia* (*forisynthensis*) and *Treponema denticola*.

However, recent data from metagenomic, metatranscriptomic and mechanistic studies are consistent with a new model of periodontal disease pathogenesis, which suggests that a more diverse periodontitis-associated microbiota is involved in the disease than previously thought. (Abusleme, L. et al 2002, Hajishengallis, G. et al 2012)

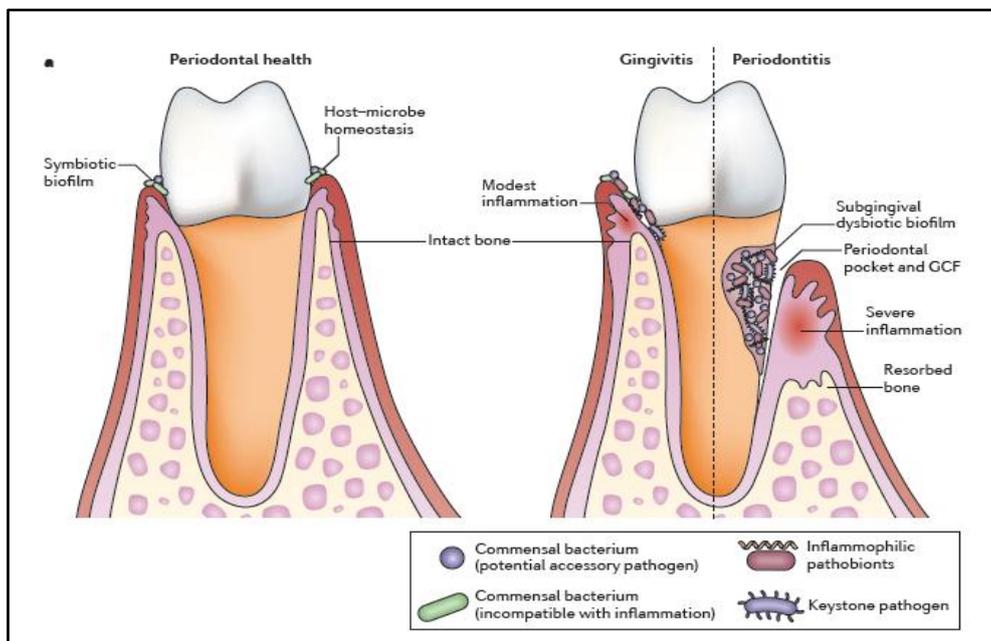
Understanding how oral pathogens misdirect the host immune response can provide novel mechanistic insights into the pathogenesis of periodontitis and associated systemic conditions, as well as reveal new therapeutic targets.

II. Microbial Synergy And Dysbiosis (Hajishengallis G. 2015)

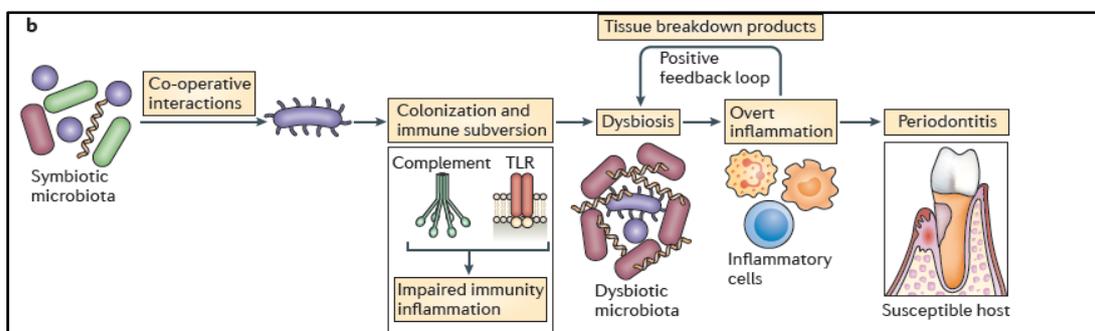


Periodontitis has a complex aetiology that acts at multiple levels:

PERIODONTITIS			
MICROBIAL	HOST	SYSTEMIC HEALTH	ENVIRONMENTAL
<i>P. gingivalis</i>	Genetic factors,	Diabetes,	Smoking
<i>A. actinomycetemcomitans</i>	Increased release of IL1, IL6, IL8, TNF, PGE2.	Hormonal imbalance	Stress
<i>T. denticola</i>			
<i>C. rectus,</i>			
<i>B. forsythus</i>			



The figure shows progression from a state of periodontal health, to gingivitis and development of periodontitis.



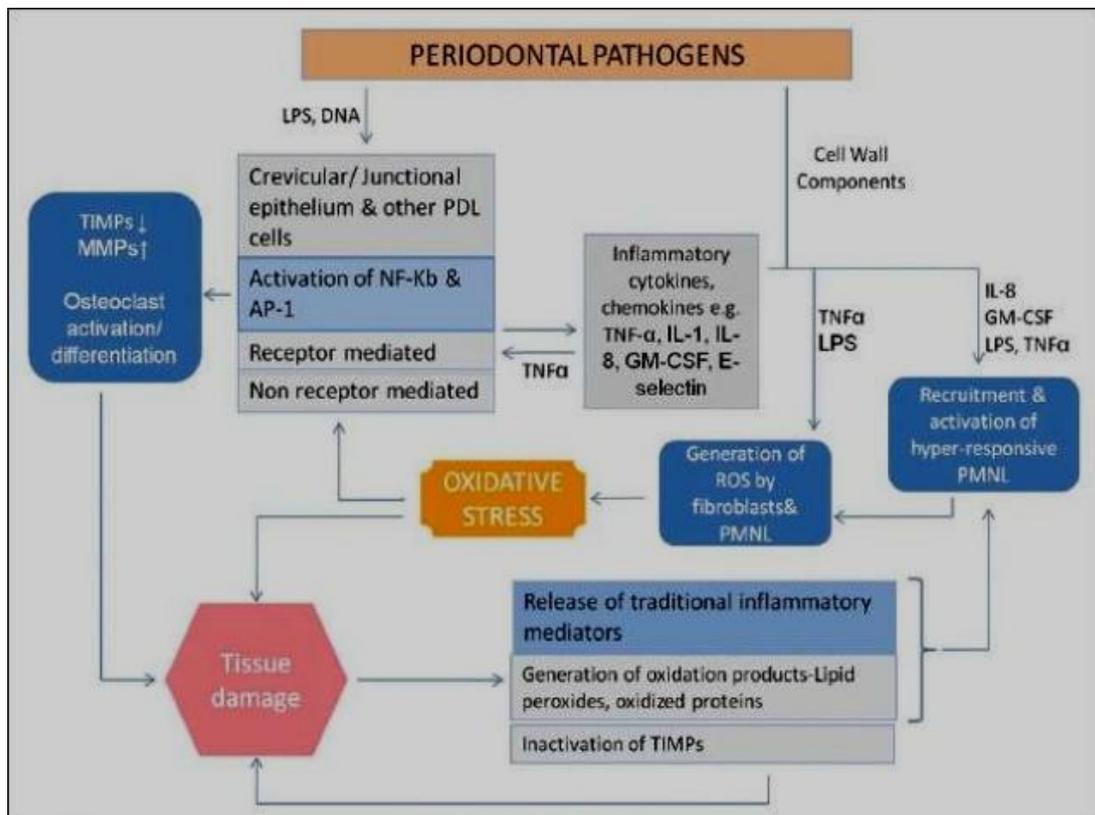
Periodontitis is induced in susceptible hosts by a polymicrobial community, in which different members have distinct roles that converge synergistically to cause destructive inflammation

Microbial virulence strategies of periodontal pathogens (Amona A, 2010)

Selected Bacterial Properties Involved in Evasion of Host Defense Mechanisms

Host Defense Mechanism	Bacterial Species	Bacterial Property	Biologic Effect
<i>Specific antibody</i>	<i>P. gingivalis</i> <i>P. intermedia</i> <i>P. melaninogenica</i> <i>Capnocytophaga sp.</i>	IgA and IgG degrading proteases	Degradation of specific antibody
<i>Polymorphonuclear leukocytes</i>	<i>A. actinomycetemcomitans</i> <i>F. nucleatum</i>	Leukotoxin Heat-sensitive surface protein	Inhibition of PMN function Apoptosis (programmed cell death) of PMN
	<i>P. gingivalis</i> <i>P. gingivalis</i> <i>T. denticola</i>	Capsule Inhibition of superoxide production	Inhibition of phagocytosis Decreased bacterial killing
<i>Lymphocytes</i>	<i>A. actinomycetemcomitans</i>	Leukotoxin	Killing of mature B and T cells; nonlethal suppression of activity
	<i>A. actinomycetemcomitans</i>	Cytolethal distending toxin	Impairment of function by arresting of lymphocyte cell cycle
	<i>F. nucleatum</i>	Heat-sensitive surface protein	Apoptosis of mononuclear cells
	<i>e. forsythus</i> <i>P. intermedia</i> <i>T. denticola</i> <i>A. actinomycetemcomitans</i>	Cytotoxin Suppression	Apoptosis of lymphocytes Decreased response to antigens and mitogens
<i>Release of IL-8</i>	<i>P. gingivalis</i>	Inhibition of IL-8 production by epithelial cells	Impairment of PMN response to bacteria

III. Innate Immune Responses To Periodontal Infection



- **The bacterial challenge induces changes in the epithelium to facilitate both vascular permeability and the influx of neutrophils**

Junctional epithelium is the structure initially most directly challenged by bacteria. The cells express intercellular attachment molecule and leukocyte function antigen 3 on their surfaces even under healthy noninflammatory conditions (Crawford JM, 1992) and intercellular attachment molecule 1 expression by keratinocytes can be upregulated by pro-inflammatory cytokines but not by lipopolysaccharide (Tonetti MS 1996)

- **The bacterial products and epithelially derived cytokines also activate the local tissue mononuclear cells that shape the local immune response**

Soon after inflammation starts, however, the exudate from the vessels becomes predominated by mononuclear cells. In addition to endothelial cell adhesion molecule 1, activated endothelial cells express vascular cell adhesion molecule 1, which selectively binds mononuclear cells, allowing them to exit the small blood vessels and become a part of the extravascular exudate. Very soon after the initiation of the acute inflammatory response, small lymphocytes consisting of both T cells and B cells predominate in the tissue infiltrate. Subsequently, in the presence of antigen and various cytokines, these lymphoid cells begin to enlarge and replicate to form clones of CD4⁺ and CD8⁺ T cells, and the B cells are driven to differentiate into clones of antibody producing plasma cells

IV. Humoral Immunity In The Periodontium (Teng Yt, 2006)

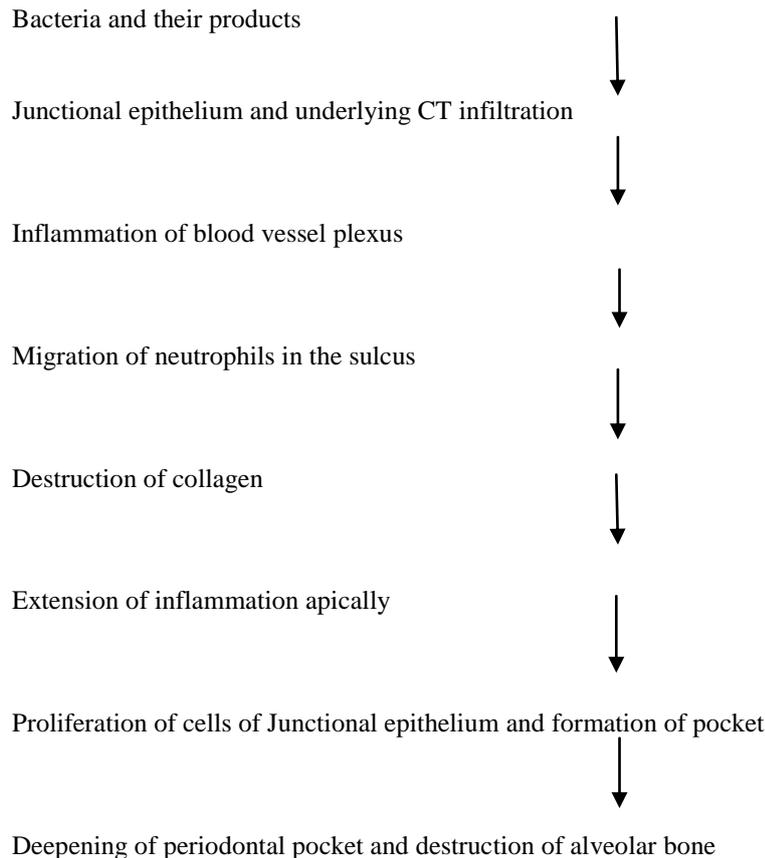
- **Future Perspective**

There have been considerable interest and efforts in generating protective or effective mAbs as potential vaccines in treating *P. gingivalis* infection (Gibson et al., 2004; Kobayashi et al., 2004) than with any other periodontal pathogens

Monoclonal Antibody or Igs Reported for Periodontal Protective Immunity

Microbial Species and Antigen Involved*	Clone (mAb)	Host Characteristics Tested	Reference/Year
<i>P. gingivalis</i> 381 Hemagglutinin-40 kDa	HMGD1	Higher antibacterial killing <i>in vitro</i> Inhibit hemagglutination	Kobayashi et al., 2004 Tagawa et al., 2004
<i>P. gingivalis</i> A7436 Bacterial whole cells	serum IgG	Enhance bacterial clearance Induce protective immunity for alveolar bone loss in mice	Gibson et al., 2004
<i>P. gingivalis</i> 33277 Hemoglobin	HA2	Stimulate immune protection in a rat (via IgG and Th2/Th1-driven response)	DeCarlo et al., 2003
<i>P. gingivalis</i> DNA-Rgp vaccine		Protective Igs response in a mouse abscess model	Yonezawa et al., 2004
<i>P. gingivalis</i>	61BG 1.3	Selectively prevent bacterial recolonization for up to 9 months in human subjects with severe periodontitis	Booth et al., 1996

However, there is presently no mAb or Igs available to study the potential effects or therapeutic efficacy associated with *A. actinomycetemcomitans* infection in the periodontium, although a few potential targets have been suggested (Cao et al., 2004).



V. conclusion:

Periodontitis is an infectious disease process. Bacteria and their products interact with the junctional epithelium and penetrate into the underlying connective tissue. The small blood vessel plexus immediately deep to the junctional epithelium becomes inflamed, leukocytes exit the post-capillary venules and there is a very large increase in the numbers of leukocytes, especially neutrophils, migrating through the junctional epithelium and into the sulcus or pocket. The collagen and other components of the perivascular extracellular matrix are destroyed. As supragingival plaque extends apically into the gingival sulcus, the coronal cells of the junctional epithelium are stimulated to proliferate, and a gingival pocket is formed. Later on, the apical cells of the junctional epithelium are induced to proliferate and extend apically along the root surface, subsequently to be converted into an ulcerated pocket epithelium. At an early stage, there is an enlarging leukocyte infiltrate dominated by lymphocytes, including B cells and T cells with characteristics of both T-helper 1 (Th1) and Th2 cells. Subsequently, the lesion becomes dominated by B cells but also present are T cells, macrophages and neutrophils, all of which become activated. B and T cells are antigenically or mitogenically activated to replicate to give rise to clones, and B cells are driven to differentiate into clones of antibody producing plasma cells. As the disease worsens, periodontal pockets deepen, the components of the extracellular matrix of the gingiva and periodontal ligament are destroyed and alveolar bone is resorbed.

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