

## A Comparative Evaluation of Calcium Hydroxide, Mineral Trioxide Aggregate, Biodentine and Platelet Rich Fibrin in Direct Pulp Capping of Cariously Exposed Mature Permanent Teeth: An in-vivo study

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### Abstract:

**Aim:** To evaluate and compare the clinical and radiographic success of direct pulp capping (DPC) treatment using Calcium hydroxide (Ca(OH)<sub>2</sub>), Mineral Trioxide Aggregate (MTA), Biodentine and Platelet Rich Fibrin (PRF) in cariously exposed mature permanent teeth and to quantify and compare the amount of reparative dentinal bridge formed at each follow-up visits.

**Materials and Methods:** 68 patients with 72 teeth (4 patients with 2 teeth each) with symptoms indicative of reversible pulpitis were randomly allocated to the four groups and DPC was performed on satisfying the inclusion criteria. The patients were recalled at 1, 3, 6 and 12 months post-operatively for clinical and radiological evaluation. Standardization of all IOPAR were done with Image J software (version 1.53, National Institutes of Health, USA) for the assessment of width of reparative dentin bridge formation.

**Results:** It was observed that Biodentine produced maximum dentin bridge thickness at all follow up visits while PRF formed a thicker dentinal bridge than Ca(OH)<sub>2</sub> and MTA at 6 month evaluation. (p ≤ 0.05)

**Conclusion:** Biodentine can be considered as the material of choice for DPC procedure, however PRF can also be used, as it is from patient's blood and possesses definite role in regeneration of pulp tissue.

**Key Words:** DPC, Ca(OH)<sub>2</sub>, MTA, Biodentine, PRF, Reparative dentin

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### I. Introduction

Pulpal inflammation is usually limited to within 2 mm of the exposure site even in the presence of carious pulp exposure unless it is of long-standing duration, and healthy pulpal tissue might be found in the remaining pulp horn or further away in the pulp chamber.<sup>1,2</sup>

In Direct pulp capping (DPC) the definitive goal is to preserve the underlying pulp and sustain its vitality by regeneration of reparative dentin at the material pulp complex, which acts as a biological seal to shield the underlying pulp tissues, to raise the life expectancy of the tooth, and to improve the overall oral health.

The pulp-dentinal defects are mended by the production of these hard tissue barrier by stimulation leading to differentiation of undifferentiated mesenchymal cells of the dental pulp. This results in the formation of odontoblast-like cells which are involved in the synthesis of the dentin bridge.<sup>3</sup> It is confined to the localized irritated area of the pulp cavity wall, which becomes apparent microscopically about one month from the inception of the stimulus. It is structurally and chemically different from the primary and secondary dentin, being highly tubular, impervious to most irritants and acts as a protective barrier for the pulp dentin complex. Its formation is a continuous but relatively slow process, taking 100 days to form a reparative dentin layer of 0.12 mm thick.<sup>4</sup>

A vast array of pulp capping materials have been studied and used over the past century to stimulate dentin bridge formation, protection, and preservation of the pulp from further insult and ultimately sustain the vitality of the tooth.

Since several decades, Calcium hydroxide (Ca(OH)<sub>2</sub>) has been considered as the gold standard DPC material. Although the material exhibits many advantageous properties, outcomes of DPC with Ca(OH)<sub>2</sub> in long term studies have been inconsistent.<sup>5-8</sup> Also exhibits poor dimensional stability and gets usually absorbed overtime.<sup>9</sup> Hence can no longer be regarded as the preferred universal agent in DPC therapy.

Mineral Trioxide Aggregate (MTA) contains hydraulic calcium silicate powder comprising various oxide compounds.<sup>11</sup> MTA exhibits superior marginal adaptation, uniform and thicker dentin bridge formation,

less inflammatory response and less necrosis of pulpal tissues.<sup>10-12</sup> MTA has disadvantages such as longer setting time, tooth discolorations, difficult handling characteristics and high cost.<sup>13-16</sup>

Biodentine is a tricalcium silicate-based cement that also demonstrates superior bioactive properties such as short setting time of 10 minutes, excellent marginal adaptability, and high push out bond strength.<sup>17-20</sup> Disadvantages include poor radiopacity and lower washout resistance.

Platelet Rich Fibrin (PRF) is a second-generation platelet concentrate. It has favorable properties, which include osteogenic ability, simple preparation, and no added biological agents. It has strong natural fibrin matrix that meshes almost all of the platelets and growth factors of the blood harvest which aid in regeneration of dental pulp and maintenance of pulp vitality.<sup>21-23</sup> But its ability in DPC has not yet been evaluated. Also, the literature is in dearth regarding the comparison of Ca(OH)<sub>2</sub>, MTA, Biodentine and PRF as DPC agents on the basis of their potential to form reparative dentin.

## **II. Materials and Methods**

A total of 68 patients with 72 teeth (4 patients with 2 teeth each) with symptoms of reversible pulpitis were selected for the study from the Outpatients' section of Department of Conservative Dentistry and Endodontics of the College.

They were clinically and radiologically evaluated after taking thorough medical and dental history. Those who fulfilled the following criteria were included in the study-- clinically the tooth with deep caries, no swelling, pus exudation, fistula or mobility and positive response to sensibility tests--Cold test (Roeko Endofrost; Coltene, Whaledent, Germany) and Electric Pulp test and radiologically revealing the radiolucency to 3/4<sup>th</sup> or more of dentinal thickness having no involvement in furcation or periapical regions, internal or external root resorption, or calcification.

Medically compromised patients, pregnant and lactating mothers, teeth with spontaneous pain/night pain, cannot be isolated with rubber dam with abnormal mobility and lack of restorability were excluded.

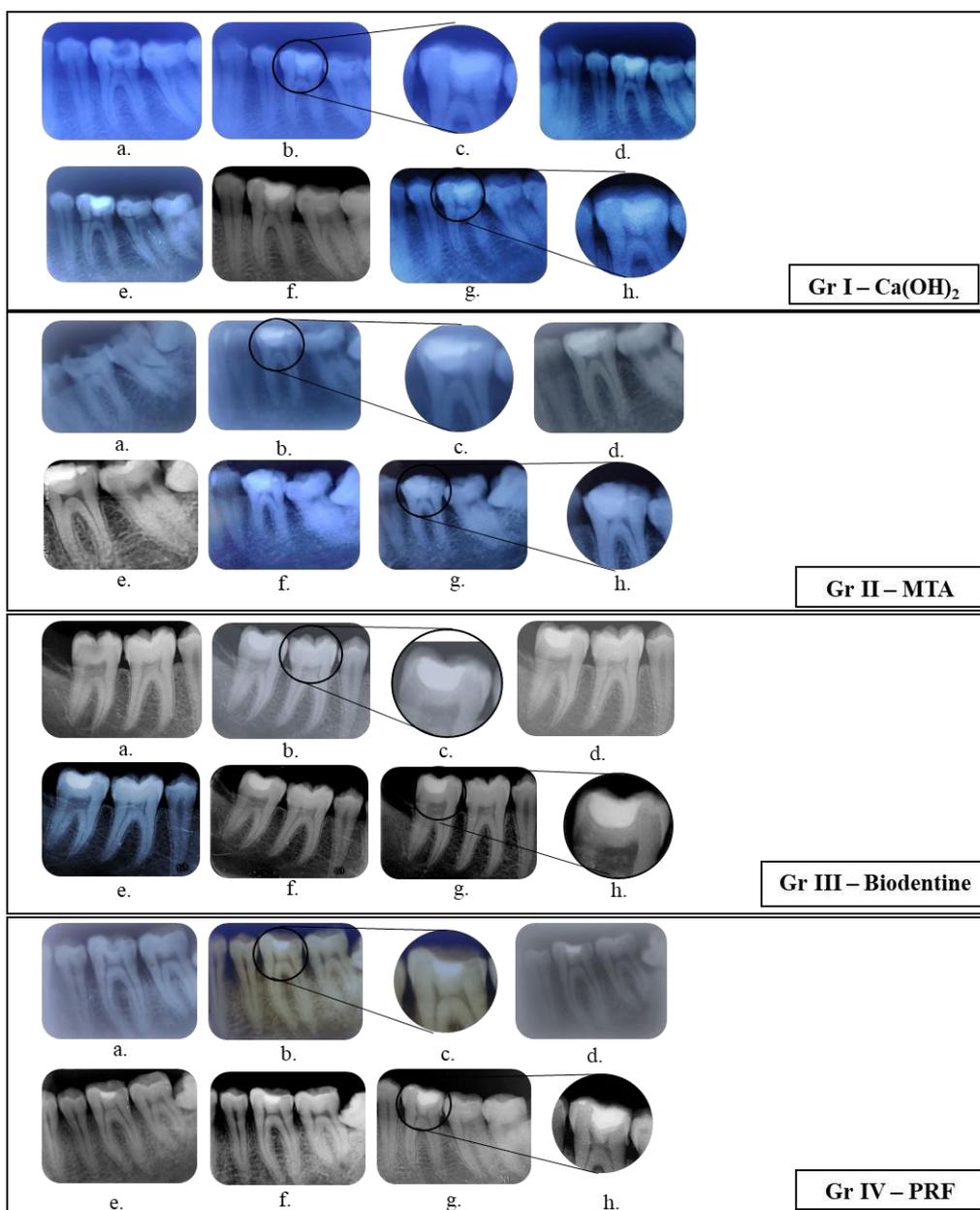
Written informed consent from the patients, and clearance from the institutional ethics committee were obtained.

The teeth were anesthetized (2 % lignocaine with adrenaline 1:100000) and rubber dam isolation was achieved. Caries excavation was performed initially with a sterile high speed round diamond bur, then on approaching the pulp a sterile low-speed carbide round bur no.4 was used. On evident pulp exposure, the cavity floor was irrigated with normal saline and the pulpal bleeding was ceased after gentle pressure application using a pledget of cotton soaked in 3% Sodium hypochlorite (Prime Dental, India). Only the cases with pulp exposure up to approximately 2.5 mm and control of bleeding within 10 minutes were included. Once the hemorrhage was controlled, DPC was performed and the patients were then randomly allocated to the four study groups- Gr I-Ca(OH)<sub>2</sub>, Gr II-MTA, Gr III-Biodentine and Gr IV-PRF.

The materials in Gr I, II and III were mixed according to the manufacturer's instructions while PRF was prepared from patient's blood according to Choukron's protocol<sup>24</sup> (2110 rpm for 10 minutes, 400G in a centrifugation machine- Remi R-8C centrifuge, India). The centrifuge thus formed had a PRF layer sandwiched between Platelet Poor Plasma (PPP) on top and RBC layer below. PRF was separated from the resultant centrifuge using a sterile tweezer and was gently compressed using a sterile gauze and it was cut into smaller pieces and placed over the exposure site. The cavity floor and the dentinal walls were lined with RMGIC (GCFuji II LC). Remaining cavity was restored with composite resin restoration (Te-Econom Plus composite, Ivoclar Vivadent, Liechtenstein)

Immediate post operative IOPAR was recorded. The patients were recalled at 1, 3, 6 and 12 months to evaluate pulp response to capping materials clinically as well as radiologically using IOPAR on the basis of rate of reparative dentin formation. Standardization of all IOPAR were done with ImageJ software (version 1.53, National Institute of Health, USA) for the assessment of width of dentin bridge formation. (IOPAR of Representative Cases). The data of the patients who responded to the recall visits were subjected to statistical analysis.

**IOPAROF REPRESENTATIVE CASES**



*a. Pre-op. b. Immediate post-op. c. Magnified view of b.*  
*d. 1 mon. post-op. e. 3 mon post-op. f. 6 mon post-op. g. 12 mon post-op*  
*h. Magnified view of g.*

### III. Result

**Statistical Analysis-** The collected data was tabulated in a spreadsheet using Microsoft Excel 2019 and then statistical analysis was carried out using IBM SPSS Statistics for Windows, Version 26.0. (Armonk, NY: IBM Corp). Box plots were constructed using the GraphPad Prism for Windows, Version 9.0 (GraphPad Software, La Jolla California USA). Friedman's ANOVA test employed to compare the mean ranks within the observations for the four groups individually and the Kruskal-Wallis Test was carried out to compare the mean ranks between the four groups for quantifying the thickness of the dentin bridge formed. An alpha level of 5% was considered as the level of statistical significance ( $P \leq 0.05$ ).

Intra group comparisons (**Chart No.1,2,3,4 and Table 1**) showed, there was very strong evidence that thickness of the dentin bridge formed was significantly higher at 12 months when compared to 3 months in all 4 study groups, Gr I-- $P < 0.001$  (Fig. 1a), Gr II-- $P = 0.001$  (Fig. 1b), Gr III-- $P < 0.001$  (Fig. 1c) and Gr IV-- $P = 0.001$  (Fig. 1d).

Inter group comparisons (Table 2), showed at 3 months (Fig. 2a)- there was strong evidence that thickness of the dentin bridge formed was significantly higher in the Biodentine group when compared to the  $\text{Ca}(\text{OH})_2$  group ( $P = 0.05$ ).

At 6 months (Fig. 2b)- thickness of the dentin bridge was significantly higher in the Biodentine group when compared to the  $\text{Ca}(\text{OH})_2$  group ( $P < 0.001$ ) and also in the PRF group when compared to the  $\text{Ca}(\text{OH})_2$  group ( $P = 0.05$ ).

At 12 months (Fig. 2c)- thickness of dentin bridge formed was significantly higher in the Biodentine group when compared to the  $\text{Ca}(\text{OH})_2$  group ( $P < 0.001$ ) and also in Biodentine group when compared to the PRF group ( $P = 0.01$ ).

**Chart No.1: Findings of patients in Gr I:  $\text{Ca}(\text{OH})_2$**

GROUP I: $\text{Ca}(\text{OH})_2$							
TOOTH SL.NO	TOOTH NO	AGE/SEX	LAST FOLLOW UP (M)	SIZE OF EXPOSURE (mm)	DENTIN BRIDGE THICKNESS (mm)		
					3 months	6 months	12 months
1	46	35/M	3	1.5	0.112		
2	37	27/M	3	1.5	0.143		
3	33	48/M	1	2	FAILURE AT 1 MONTH		
4	46	62/M	1	2	FAILURE AT 1 MONTH		
5	46	14/M	12	1.5	0.141	0.214	0.609
6	46	35/M	12	2	0.073	0.341	0.740
7	36	40/F	12	1.5	0	0.320	0.879
8	46	32/M	1	1	FAILURE AT 1 MONTH		
9	35	25/F	12	1.5	0.052	0.404	1.016
10	35	36/F	12	2.5	0.142	0.620	1.103
11	46	19/M	12	0.5	0.133	0.340	0.851
12	36	23/F	12	2.5	0.161	0.602	0.842
13	15	33/M	12	1	0.145	0.297	0.793
14	37	22/F	12	2	0	0.294	1.021
15	12	45/F	12	1.5	0	0.440	1.040
<b>MEDIAN</b>					<b>0.12</b>	<b>0.34</b>	<b>0.87</b>
<b>IQR</b>					<b>0.013-0.14</b>	<b>0.3-0.48</b>	<b>0.78-1</b>
<b>DENTIN BRIDGE - 80% (12/15 cases)</b>							

**Chart No.2: Findings of patients in Gr II: MTA**

GROUP II: MTA							
TOOTH SL.NO	TOOTH NO	AGE/SEX	LAST FOLLOW UP (M)	SIZE OF EXPOSURE (mm)	DENTIN BRIDGE THICKNESS (mm)		
					3 months	6 months	12 months
1	25	36/M	12	1.5	0	0.455	1.226
2	12	56/F	1	1.5	FAILURE AT 1 MONTH		
3	36	34/M	12	1.5	0.268	0.461	1.102
4	36	29/M	12	2	0.429	0.658	1.035
5	36	26/M	12	2	0	0.477	1.075
6	37		12	2.5	0.188	0.581	1.007
7	36	27/F	12	2	0.358	0.607	1.228
8	26	28/M	12	0.5			0.953
9	11	20/F	12	2	0.295	0.934	1.412
10	35	35/F	1	1	FAILURE AT 1 MONTH		
11	46	44/F	6	1	0.357	0.648	
<b>MEDIAN</b>					<b>0.28</b>	<b>0.59</b>	<b>1.1</b>
<b>IQR</b>					<b>0.047-0.36</b>	<b>0.47-0.66</b>	<b>1-1.2</b>
<b>DENTIN BRIDGE - 81.82% (9/11 cases)</b>							

**Chart No.3: Findings of patients in Gr III: Biodentine**

GROUP III: BIODENTINE							
TOOTH SL.NO	TOOTH NO	AGE/SEX	LAST FOLLO WUP (M)	SIZE OF EXPOSURE (mm)	DENTIN BRIDGE THICKNESS (mm)		
					3months	6months	12months
1	11	24/M	12	1.5	0	0.740	1.377
2	46	38/M	12	1.5	0.599	0.778	1.138
3	47	24/M	12	2	0.374	0.689	1.120
4	46	22/F	12	1.5	0.295	0.890	1.100
5	34	40/M	12	1.5	0.340	0.950	1.280
6	44	28/F	12	2	0.168	1.104	1.940
7	46	20/M	12	2.5	0	1.030	1.820
8	25	28/F	1	2.5	FAILURE AT 1 MONTH		
9	46	16/F	12	0.5	0.468	0.788	1.218
10	25	40/F	12	2.5	0.376	0.891	1.260
11	46	22/F	12	1	0	0.835	1.400
12	21	24/M	12	0.5	0.287	0.876	1.160
<b>MEDIAN</b>					<b>0.3</b>	<b>0.88</b>	<b>1.3</b>
<b>IQR</b>					<b>0-0.38</b>	<b>0.78-0.95</b>	<b>1.1-1.4</b>
<b>DENTIN BRIDGE-91.67% (11/12 cases)</b>							

**Chart No.4: Findings of patients in Gr IV: PRF**

GROUP IV: PRF							
TOOTH SL.NO	TOOTH NO	AGE/SEX	LAST FOLLO WUP (M)	SIZE OF EXPOSURE (mm)	DENTIN BRIDGE THICKNESS (mm)		
					3months	6months	12months
1	46	24/M	12	1.5	0.220	0.781	0.990
2	36	38/M	12	1.5	0.242	0.840	0.913
3	36	19/M	12	2	0.440	0.730	0.980
4	46	22/F	12	1.5	0.244	0.814	1.056
5	36	20/M	1	2	FAILURE AT 1 MONTH		
6	35	36/F	12	2.5	0	0.507	1.062
7	37	20/M	12	2	0.164	0.639	0.970
8	46	28/F	12	2.5	0	0.348	0.869
9	36	24/M	6	2.5		0.510	
10	36	16/F	3	2.5	FAILURE AT 3 MONTHS		
11	46	18/F	6	2.5	0.194	0.870	
12	46	23/M	1	2.5	FAILURE AT 1 MONTH		
13	36	22/F	6	2		0.540	
14	36	27/M	6	0.5		0.568	
<b>MEDIAN</b>					<b>0.21</b>	<b>0.64</b>	<b>0.98</b>
<b>IQR</b>					<b>0.041-0.24</b>	<b>0.51-0.81</b>	<b>0.91-1.1</b>
<b>DENTIN BRIDGE-78.57% (11/14 cases)</b>							

**Table 1: Comparison of the formed dentin bridge thickness between different time intervals for each group**

Descriptive statistics	3months	6months	12months	Pairwise comparison (months)		
				P value*		
				3 vs 6	3 vs 12	6 vs 12
<b>Group I: Ca(OH)<sub>2</sub></b>	<b>(n=12)</b>	<b>(n=10)</b>	<b>(n=10)</b>			
Median	0.12	0.34	0.87	0.076	<0.001	0.076
IQR	0.013-0.14	0.3-0.48	0.78-1			
<b>Group II: MTA</b>	<b>(n=8)</b>	<b>(n=8)</b>	<b>(n=8)</b>			
Median	0.28	0.59	1.1	0.184	0.001	0.184
IQR	0.047-0.36	0.47-0.66	1-1.2			
<b>Group III: Biodentine</b>	<b>(n=11)</b>	<b>(n=11)</b>	<b>(n=11)</b>			
Median	0.3	0.88	1.3	0.06	<0.001	0.06
IQR	0-0.38	0.78-0.95	1.1-1.4			
<b>Group IV: PRF</b>	<b>(n=9)</b>	<b>(n=11)</b>	<b>(n=7)</b>			
Median	0.21	0.64	0.98	0.184	0.001	0.184
IQR	0.041-0.24	0.51-0.81	0.91-1.1			

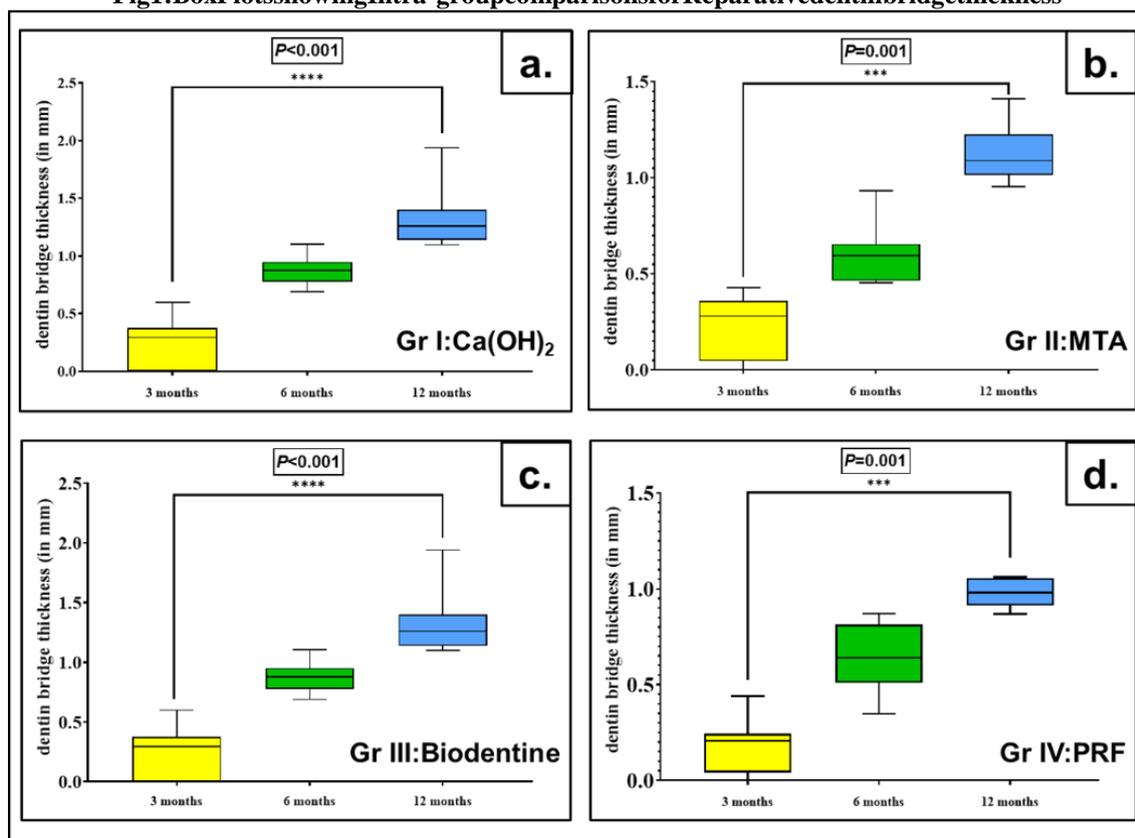
*n* = number of reported patients for respective month  
 Median and IQR was calculated for all observations

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*\*Significance values have been adjusted by the Bonferroni correction for multiple tests.*

Fig1: Box Plots showing Intra-group comparisons for Reparative dentin bridge thickness



Dentin bridge thickness (in mm) at 3, 6 and 12 months follow up visits for a. Gr I- Ca(OH)<sub>2</sub>, b. Gr II- MTA, c. Gr III- Biodentine and d. Gr IV- PRF

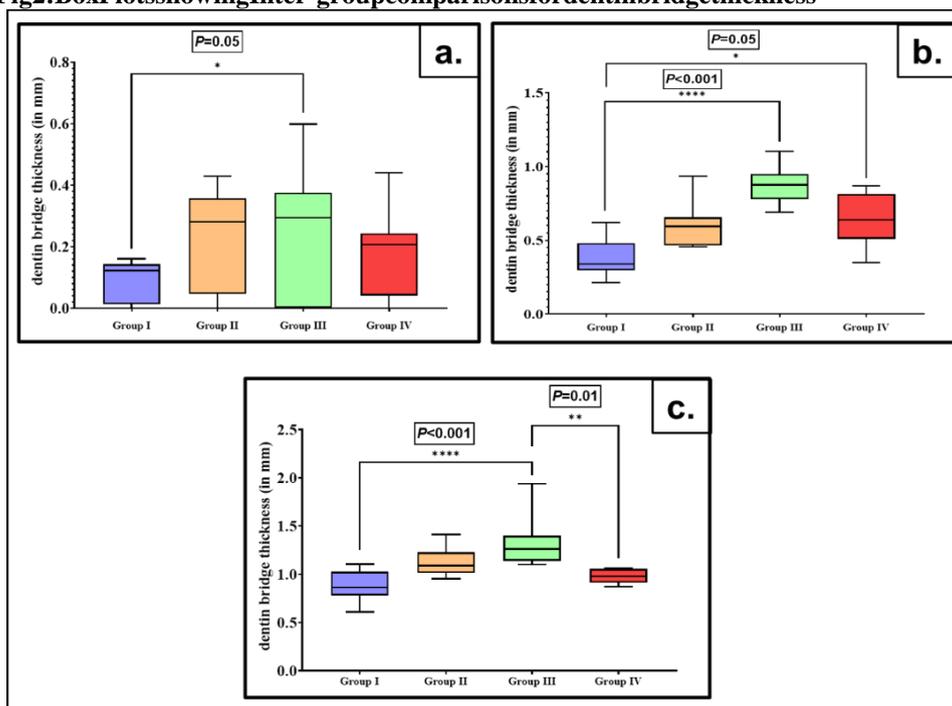
Table 2: Comparison of the formed dentin bridge thickness between the study groups at different time intervals

Descriptive statistics	Group I: Ca(OH) <sub>2</sub>	Group II: MTA	Group III: Biodentine	Group IV: PRF	Pairwise comparison (Groups)					
					P value*					
					I vs II	I vs I II	I vs IV	II vs III	II vs I V	III vs I V
3 Months	(n=12)	(n=8)	(n=11)	(n=9)						
Median	0.12	0.28	0.3	0.21	0.18	0.05	0.69	1.00	1.00	1.00
IQR	0.013-0.14	0.047-0.36	0-0.38	0.041-0.24						
6 Months	(n=10)	(n=8)	(n=11)	(n=11)						
Median	0.34	0.59	0.88	0.64	0.25	<0.001	0.05	0.07	1.00	0.14
IQR	0.3-0.48	0.47-0.66	0.78-0.95	0.51-0.81						
12 Months	(n=10)	(n=8)	(n=11)	(n=7)						
Median	0.87	1.1	1.3	0.98	0.08	<0.001	1.00	0.69	0.51	0.01
IQR	0.78-1	1-1.2	1.1-1.4	0.91-1.1						

n=number of reported patients for respective month Median and IQR was calculated for all observations

\*Significance values have been adjusted by the Bonferroni correction for multiple tests.

Fig 2: Box Plot showing Inter-group comparisons for dentin bridge thickness



Comparison of dentin bridge thickness (in mm) between Gr I- $\text{Ca}(\text{OH})_2$ , Gr II-MTA, Gr III-Biodentine and Gr IV-PRF at a. 3mon b. 6mon and c. 12mon

#### IV. Discussion

DPC is a vital pulp therapy technique which aims at maintaining pulpal tissue viability by protecting the pulp system from bacterial ingress and hence enhancing its reparative capacity. This involves the placement of a biocompatible agent on pulp tissue that has been exposed from carious process, traumatic injury or by iatrogenic means. The success of vital pulp therapy requires a bacterial tight seal, minimal or no inflammation and stable hemodynamics within the pulp.

In the present study, only those patients were provisionally selected if they had deep caries almost involving the pulp with symptoms of reversible pulpitis, and responded positively to sensibility tests (Cold test and Electric Pulp test) and with no evidence of swelling, pus exudation, fistula or mobility.

Pulpal exposure size of around 1 mm was considered for DPC treatment by some researchers.<sup>25,26</sup> But in the present study, cases were selected for DPC with pulpal exposure around 2.5 mm in size. This was supported by studies by Parinyaprom N *et al.* (2017)<sup>27</sup> & Bogen *et al.* (2008)<sup>28</sup>. In the former study, the author included subjects with pulpal exposure size up to 2.5 mm and success rate of 92.6% to 96.4% was obtained using MTA and Biodentine respectively. In the latter study, with the same exposure size, success rate of 98% was obtained during a 9 year follow up period when MTA was used for DPC.

Another criteria which was followed was to include only those teeth in which pulpal hemorrhage could be controlled within 10 minutes of pulp exposure. This is supported by the fact that a diagnosis of reversible pulpitis is best determined based on attaining hemostasis using NaOCl within 5-10 minutes of pulpal exposure rather than cold testing [Matsuo *et al.* (1996)<sup>29</sup> & Bogen *et al.* (2008)<sup>28</sup>]. A study done by Linu S *et al.* (2017)<sup>30</sup> supported this and an overall success rate of 88.5% was obtained in that study.

Literature supports the use of  $\text{Ca}(\text{OH})_2$ <sup>31,32</sup>, MTA<sup>28,33</sup>, Biodentine<sup>34,35</sup> as DPC agents. Two studies have shown the use of PRF alone<sup>36,37</sup> as DPC agent and the latter study (author's own) reported with the formation of reparative dentin with PRF.<sup>37</sup> Another study used PRF as pulp capping agent with Biodentine over it<sup>38</sup> and desired success was achieved.

In the present study  $\text{Ca}(\text{OH})_2$ , MTA, Biodentine & PRF were used as individual DPC agents in 4 different groups of patients to determine their efficacy.

Due to Covid pandemic, out of the selected 68 patients, quite a good number of patients, could not attend the scheduled follow up visits and the result analysis was done with those patients who could attend their respective follow up visits. In 1st month follow up visit, patient came back with complaint of pain in 3 teeth in  $\text{Ca}(\text{OH})_2$  group, 2 teeth in MTA group, 1 tooth in Biodentine group and 2 teeth in PRF group. In the latter group similar failure was observed in 1 tooth in 3 months follow up visit, and was considered as failure and thereafter

no patient in any of the groups reported with any complaints indicating failure. Since radiologically detectable dentinal bridge was not observed after 1 month, result analysis was not done. Therefore, DPC result analysis was performed at 3, 6 and 12 months follow-up visits for patients of the four groups and radiological observation at 3 months was considered as baseline.

In the present study variations of age, gender and type of teeth were matched for the 4 groups of patients. It was also seen that size of pulp exposure and 4 groups of subjects carried no significant association.

Detectable dentin bridge formation was observed at 3 months only in the present study. But a histological study done by Min *et al.* (2008)<sup>39</sup> found that 60% of teeth showed dentin bridge formation, with a mean thickness of  $0.131 \pm 0.01$  mm at 2 months. The thickness of radiologic dentinal bridge formed was higher with passage of time and it was significantly high only at 12 months visit in all 4 groups compared to the baseline at 3 months.

When  $\text{Ca}(\text{OH})_2$  was used as DPC agent thickness of dentin bridge formed was seen in 80% of the cases (12/15) and was little more than 1 mm in few. And in majority it was less than 1 mm with median of 0.87 mm at 12 months. Whereas study by Agrawal *et al.* (2020)<sup>38</sup> reported a mean thickness of 1.15 mm, 1.24 and 1.48 mm at 3 months, 6 months and 12 months respectively.

The same dentin bridge formation was noted in 9 out of 11 subjects that is in 81.82% cases in MTA group and it was more than 1 mm in majority cases with median of 1.1 mm at 12 months. The findings of the present study were not in concordance with the findings of Aienehchi *et al.* (2003)<sup>40</sup>, who had reported a thickness of 0.28 mm and 0.43 mm dentin bridge at 2 and 6 months, respectively. But, Agrawal *et al.* (2020)<sup>38</sup> reported a mean thickness of 1.25 mm, 1.45 mm and 1.72 mm at 3 months, 6 months and 12 months respectively.

In Biodentine group success was observed in 91.67% cases (11/12). These findings go close to a study by Abdul MS *et al.* (2021)<sup>41</sup> who reported 86.7% dentin bridge formation in the study subjects treated with Biodentine. Also, Muruganandhan *et al.* (2021)<sup>42</sup> reported dentin bridge formation in 100% of the teeth in which DPC was performed using Biodentine, and was assessed by CBCT analysis. Agrawal *et al.* (2020)<sup>38</sup> reported a mean thickness of 1.32 mm, 1.54 mm and 1.74 mm at 3 months, 6 months and 12 months respectively. Whereas median thickness of 0.3 mm, 0.88 mm and 1.3 mm was observed in the said follow-up visits in the present study.

Reparative dentine formation in PRF group was noted in 78.57% i.e. 11 out of 14 subjects. At 12 months visit in majority cases it was around 1 mm with median of 0.98 mm. A study conducted by Agrawal *et al.* (2020)<sup>38</sup> reported a mean reparative dentinal thickness of 1.42 mm, 1.62 mm and 1.84 mm at 3 months, 6 months and 12 months respectively. However, in that study, Biodentine was placed over the PRF membrane acting as an osteo-inductive material, thus explaining the increased dentinal thickness as compared to the present study.

At 3 months, the maximum thickness was found in the Biodentine group, followed by MTA, PRF and  $\text{Ca}(\text{OH})_2$  group in sequence of order. The thickness of the dentin bridge formed was significantly higher in the Biodentine group only when compared to the gold standard  $\text{Ca}(\text{OH})_2$  group. Otherwise, the difference in thickness were seen comparable to each other.

On the other hand, in the study conducted by Agrawal *et al.* (2020)<sup>38</sup>, the thickness of dentin bridge formed at 3 months follow-up was found to be significantly highest in the PRF group, followed by Biodentine, MTA and Calcium hydroxide, but in that study, Biodentine was placed over the PRF membrane acting as an osteo-inductive material, thus producing a synergistic effect on the dentinal bridge thickness as compared to the present study. Also,  $\text{Ca}(\text{OH})_2$  followed by MTA formed the least thickness of dentinal bridge in their study, which was found in the present study also.

At 6 months dentin bridge thickness differed significantly among the four groups. The maximum thickness was found in the Biodentine group, followed by PRF, MTA and  $\text{Ca}(\text{OH})_2$  group. The thickness of the dentin bridge formed was significantly higher in the Biodentine group and PRF group when compared to the  $\text{Ca}(\text{OH})_2$  group, otherwise the difference in thickness were seen comparable to each other. The same study of Agrawal *et al.* (2020)<sup>38</sup> also showed significantly higher dentin bridge thickness in 6 months follow-up when Biodentine & PRF fused together or Biodentine used alone.

At 12 months dentin bridge thickness differed significantly among the four groups. The maximum thickness was found in the Biodentine group, followed by MTA, PRF and  $\text{Ca}(\text{OH})_2$  group. The thickness of the dentin bridge formed was significantly higher in the Biodentine group when compared to both  $\text{Ca}(\text{OH})_2$  group and PRF group, otherwise the difference in thickness were seen comparable to each other. On the other hand, in the same study conducted by Agrawal *et al.* (2020)<sup>38</sup>, on obvious reason the thickness of dentin bridge formed at 12 months follow-up was found to be significantly highest in the PRF & Biodentine combined group in comparison to other groups.

Thus, it can be stated that the thickness of dentinal bridge which was formed in the Biodentine group was significantly higher than  $\text{Ca}(\text{OH})_2$  group at all follow-up periods; and also, than the PRF group at 12

months. The amount of dentin bridge formed in the PRF group was comparable to the Ca(OH)<sub>2</sub> group except at 6 months follow-up in which the dentinal thickness was significantly higher in the PRF group.

## V. Conclusion

Thus, within the constraints and limitations of the present study it can be concluded that: DPC agents used in the study showed a significant increase in reparative dentinal bridge thickness at 12 months when compared to that formed at 3 months. Maximum thickness of dentin bridge formation was shown by Biodentine at all follow up visits, thus cementing its value in DPC procedures. However, PRF formed a thicker dentinal bridge than Ca(OH)<sub>2</sub> and MTA at 6 months evaluation and hence can be used instead. It is from patient's blood and possesses definite role in regeneration of pulpal tissue, though further studies with long term follow up need to be conducted to confirm its effective use in DPC procedures.

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