

TITLE

AUTHOR

Abstract

There is now a compelling need to excel at academics, from the perspective of students as well as their parents, in India. Students who secure a high rank, with the notion of obtaining high salaries often come to the notice of parents, making headlines and creating a certain perception among parents that their own child should do the same. These constant images add up to fear of failure of their children, in the minds of parents. In turn, the pressure created due to this is directly reflected in students, through lack of performance, and motivation (Jerald Cano-og Moneva et al., 2020). This paper is a retrospective study which focuses on understanding the influence of parental pressure on the psychological wellbeing of students in India, particularly focusing on the perception of experiences of the participants when they were in class 11 and 12. One of the main implications of this study will be to bring awareness to parents and the entire population of India about the fragility of mental health of adolescents and the possible harmful nature of parental pressure on young minds. There is also a need to understand the specific strengths and weaknesses of the students, which could be a reason as to why there is an overload of parental pressure. Parents must make it a priority to know where and what their children shine in and guide them in that direction. This study will hopefully bring awareness on this aspect as well. This study gives an understanding of the perception of students on parental pressure to perform successfully in academics, and their mental health wellbeing when they recollect their experiences in school.

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