

Project Management in Mega Defense Projects - Time-Cost Trade-Off Analysis in Nuclear-Grade Dry Dock Construction: A Project Controls Perspective

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Abstract

This study is devoted to time-cost trade-off analysis of nuclear-grade dry dock construction in the context of the mega defense project development, which concerns complex interdependence between the aspects of time, cost, and project control. Nuclear-grade dry docks building is a complicated and risky venture which needs proper time management and finances control in order to deliver a successful project. The major objective of the research will be to examine the potential to implement time-cost trade-off approaches that can be used to maximize the results of such projects. The study is conducted using a quantitative research design and the research will use simulation models and project data to come up with the result on how different time and cost composition affect project schedules and costs. The paper also looks into how project control methods are used in administering these trade-offs.

The suggested key findings indicate that a combined methodology of scheduling, risks, and cost estimation process can greatly increase the efficiency of project execution. The findings sheds light on the essence of incorporating strategic project controls in curbing cost overruns and time overruns in defense related construction works. This study provides relevant knowledge that will be added to the already established body of knowledge regarding project management in defense infrastructure and provides useful insights to better time-cost optimization in big construction projects.

Keywords: *Project Management, Nuclear-Grade Dry Dock, Time-Cost Trade-Off, Mega Defense Projects, Project Controls, Construction Efficiency*

I. Introduction

Large project defence construction projects like the building of nuclear-grade dry docks have special management issues. These high-security projects rely on exact coordination and effective project management since they are very challenging, have very high safety ratings, and are of mammoth scale. Nuclear-grade dry docks (which are to house nuclear-powered vessels) are built with so many stakeholders involved, complex designs as well as strict regulation requirements. The project should be executed within particular time limits and costs, and the optimization of both time and cost is essential in successfully evaluating the project.

Effective project management practices are necessary in fulfilling the challenging needs of mega defence projects, particularly in time cost trade-offs. By conducting a time-cost trade-off analysis, project managers are able to determine the impacts of varying the project schedule on the overall cost and vice versa. Nevertheless, there has been no profound researches on how exactly these strategies can be applied in constructing the nuclear-grade dry docks, which has created a gap in the circle of knowledge related to project control of defense infrastructure projects. It is very important to be able to coordinate these competing demands with delays possible resulting in penalty and quality and scope of the project compromised by cost overruns.

The main goal of the given research is to carry out a time-cost trade-off study regarding the construction of nuclear-grade dry docks as a part of mega defense projects. The particular aims of the research are to: examine how various time-cost setups affect the overall accomplishment of dry docks that are of nuclear grade, to investigate the importance of projects control methods in covering up time-cost trades off, and, lastly, to propose guidelines to project administrators on how they can use the project control strategies in other large-scale defense undertakings that are similar to the dry docks.

Based on two research questions, this paper aims to address how time-cost trade off analysis will impact project finishing in building nuclear-grade dry dock. What then are the best project control approaches to use in handling time-cost trade-offs in the context of defense construction projects? The provided questions are meant to give an idea of how time-cost trade offs are going to be utilized in complicated defense projects and

eventually learning how to manage any given project effectively in the real-life situation where stakes are very high.

It is important to note that this study will contribute in a certain gap in project management in mega defense projects namely construction of nuclear-grade dry docks. Matters arising out of this study will provide pragmatic information to project managers, engineers and stakeholders participating in related high-security infrastructural projects. The study will also help to advance the current project management practice and performance in terms of time-cost trade-off strategies, the importance of project control methods, and thus improve the performance of defense-related construction projects, which could conclude less time loss and less cost increase in the case.

In this study scope, the construction projects of the nuclear-grade dry docks under the subject of mega defense infrastructure projects are the objects of study. The main source of information that it will mainly rely on is the case study of previous construction work of nuclear type of dry docks, where time-cost overlaps will be given more attention. No other forms of infrastructure projects beyond the defense sector shall be involved in the study and neither shall the study dip into the technological processes utilized in the construction of the dry docks but the study will keep strictly on project management and control strategies.

II. Literature Review

2.1 Project Management in Mega Defense Projects

A huge defence undertaking comes with specialized and strategic project management especially when the fibre is deep as to include such sensitive development of infrastructure as the nuclear grade dry dock. They are normally deemed to be extremely complex, regulated, large budget and long duration projects [1] argue that appropriate project management is a prerequisite to the realization of such projects since, through it, there is optimal allocation of resources, coordination of stakeholders, and realization of project objectives. Project management designs taken in mega defense projects should be substantial in terms of how they solve technical and operational issues raised in it, and how they fit in the national security goals.

Due to their scale, mega projects may encompass various organizations, stakeholders, such as contractors, government officials, and other regulation organizations, which have their focus, priorities, and needs [4] Consequently, these projects necessitate elaborate project managements and favourable coordination systems. Potential to harmonize the interest and expectations of different stakeholders is an essential element in assuring the success of the project [5] . Project management softwares like Critical Path Method (CPM) and Earned Value Management (EVM) are essential when reporting a progress of a project, managing its costs, and making sure that deadlines are met [6].

Table 1: comparative analysis of project management practices in mega defense vs. civilian infrastructure projects.

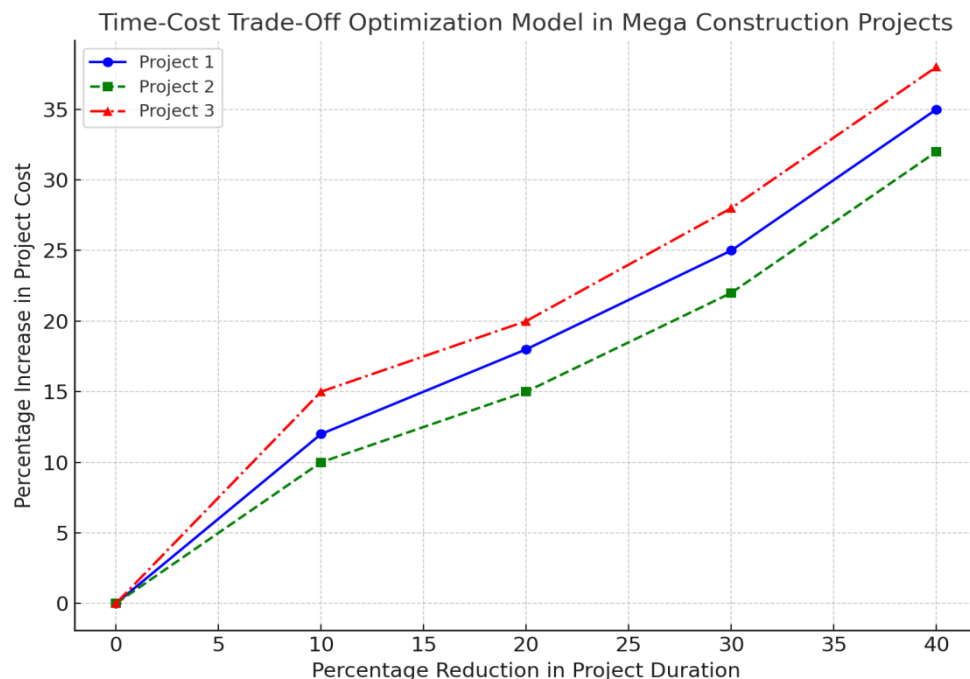
| Criteria | Mega Defense Projects | Civilian Infrastructure Projects |
|--------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
| Project Scope | Highly specialized, often with national security implications | Typically focused on public infrastructure or commercial use |
| Stakeholder Complexity | Multiple government agencies, defence contractors, international regulators | Fewer regulatory bodies, mostly local stakeholders |
| Budget Size | Extremely high budgets, often subject to political oversight | Generally smaller budgets with more defined financial constraints |
| Risk Management | High levels of uncertainty, including geopolitical and technological risks | Focused mainly on environmental, financial, and technical risks |
| Project Duration | Long-term (often several years), with strict timelines due to strategic importance | Varies, but generally shorter with more flexibility on timelines |
| Safety and Security Standards | Strict regulations, especially related to nuclear and military standards | Safety standards exist but are less stringent than in defence-related projects |
| Regulatory Compliance | Rigorous compliance with national and international defence | Subject to national and local building codes and environmental laws |
| Project Management Tools | Advanced project management tools (EVM, CPM), customized solutions for defence | Widely used project management tools (e.g., Primavera, MS Project) |
| Resource Allocation | Often requires specialized resources (e.g., nuclear engineering expertise, defence contractors) | More general resources are available but highly dependent on specific infrastructure needs |
| Public and Political Influence | High political and public scrutiny due to national security implications | Lower political influence, but public opinion may impact project approval |
| Time-Cost Trade-Off Importance | Extremely high, as delays and budget overruns, can have national security consequences | High, but more flexible than defense projects with less severe consequences for delays |

2.2 Time-Cost Trade-Off Analysis

Therefore, Time-cost trade-off analysis is critical in perfecting project delivery because it measures the trade-off regarding program and cost. This analysis is essential in projects like the construction of nuclear-grade dry docks, where there can be disastrous financial consequences in terms of schedule slippage, massive cost overruns that may incur scope cuts, and even quality loss. Managing time and cost in an effective organization mainly focuses on allocating resources efficiently and rescheduling plans according to the critical needs of the project.

[20] note that the time-cost trade-off analysis is not only a game of cost reduction or acceleration of the construction but it is a game of making decisions with the best of intentions by balancing both of the objectives namely cost reduction and acceleration of construction with maintaining quality and safety standards in mind. Multi-objective optimization models and simulation-based methods have proved to be techniques used in the construction industry to study and optimize time-cost trade-offs [26] ; [25]. Those approaches can assist the project managers to define more effective distribution of resources and locate points of altering the scheme or budget in order to achieve a high level of project performance.

Whether it is the nuclear-grade dry docks, where time-cost trade-off analysis plays a crucial role, or other projects where it is more about safe fleet gathering and advances, the project managers turn to this technique in order to make difficult decisions about resource use, scheduling and safety measures [24] . It has been noted that optimization of time cost trade-offs in projects of such nature tends to be the balancing act and decisions in terms of time savings on one extreme (e.g., time overhead reduction) can trigger a rise in cost on the other end (e.g., labour costs and material costs [10].



Graph 1: time-cost trade-off optimization model in mega construction projects.

2.3 Project Controls

Good project controls are necessary so that large-scale defense projects run on time and on budget. A project control mechanism assists in monitoring, tracking, and managing project performance regarding various parameters, including time, cost, and quality. [19] argue that cost, schedule, and risk control are incorporated in an overall project control system, which is important in successfully delivering projects.

Project controls are even more evident in nuclear-grade dry dock projects since scrutiny and regulation are high. [18] suggest that project controls should be used to monitor progress and mitigate project risks since unexpected difficulties, including safety violations or license delays, might considerably affect project time and cost estimating. Advanced tools of project control (including EVM and CPM) have proven effective in enhancing the efficiency of large-scale projects since they enable project managers to identify deviations in the plan in the early stages and take corrective measures [8] ; [22].

The success of the project control strategies in the management of mega defence projects is also illustrated through research conducted on matters relating to risk management. As [14] state, the implementation of the proactive risk management strategies in project controls can contribute to a great extent to the possibility

to respond to the delays and unexpected hardships, therefore, increase the chances of the project completion on time and within budget.

Table 2: key project control strategies and their impact on mega defense projects.

| Project Control Strategy | Description | Impact on Mega Defense Projects |
|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Earned Value Management (EVM) | A method for measuring project performance by comparing planned progress with actual progress. | Enables precise tracking of cost and schedule performance, helping to identify early warning signs of deviations in project scope, budget, or schedule [18]. |
| Critical Path Method (CPM) | : A scheduling technique that identifies the most extended sequence of tasks that must be completed on time. | Essential for managing the timeline of complex, multi-phase projects like nuclear-grade dry docks, where delays on critical tasks can jeopardize the entire project timeline [19]. |
| Risk Management | Identifying, assessing, and prioritizing risks, followed by coordinated efforts to minimize or control the impact of risks. | High-risk management is necessary to anticipate potential challenges such as regulatory delays, safety concerns, and geopolitical risks, ensuring minimal impact on project cost and timeline [8]. |
| Change Control Management | : A process for managing changes to project scope, schedule, and costs. | Helps in maintaining control over scope creep and unforeseen changes in defense projects, ensuring that any adjustments to cost or time are justified and documented [13]. |
| Quality Control and Assurance | : A system to ensure that the project's deliverables meet the required specifications and standards. | Critical in defence projects, quality standards are non-negotiable, especially for safety and compliance with national security standards [22]. |
| Integrated Project Delivery (IPD) | : A collaborative approach that involves all stakeholders early in the project to optimize cost, time, and quality outcomes. | It involves defence contractors, regulatory bodies, and designers working collaboratively, improving efficiency and reducing risks of project delays or cost overruns [6]. |
| Resource Leveling | A technique to balance resource demand by adjusting the project schedule to avoid resource overuse or underuse. | Ensures optimal resource allocation in complex defence projects where skilled labour and specialized resources are in high demand [24]. |
| Schedule Performance Index (SPI) | : A metric used to evaluate the efficiency of time utilization in a project by comparing the earned value to the planned value. | Helps assess how efficiently the project is progressing in terms of time, allowing for adjustments to the schedule to avoid delays [10]. |

2.4 Nuclear-Grade Dry Dock Construction

A high-risk, high-reward infrastructure project would be nuclear-grade dry dock construction. This is posed by technical, regulatory and safety peculiarities of building such a massive dry dock with capacities capable of taking nuclear-powered ships. Such projects will require high safety standards industry and will have to handle complicated engineering requirements and negotiate with a highly complex political and regulatory environment.

There are several critical activities involved in the construction of nuclear-grade dry docks, such as the design and construction of the facilities that not only work under harsh conditions but are also in a position to withstand the extreme condition. [3] note that the time and cost incurred when making such projects are affected by issues like labor availability, cost of material and regulatory compliance. These make project managers constantly have to change the timelines and budgets in order to make sure that a project is delivered on schedule and that safety criteria and regulatory provisions are taken into consideration.

Time-cost trade-off analysis of the project is of great importance in such projects because it enables the project managers to notice the consequences of cost and schedule change on each other. Capabilities in conducting this analysis can help decision-makers work around trade-offs and handle risks of projects much better [7].

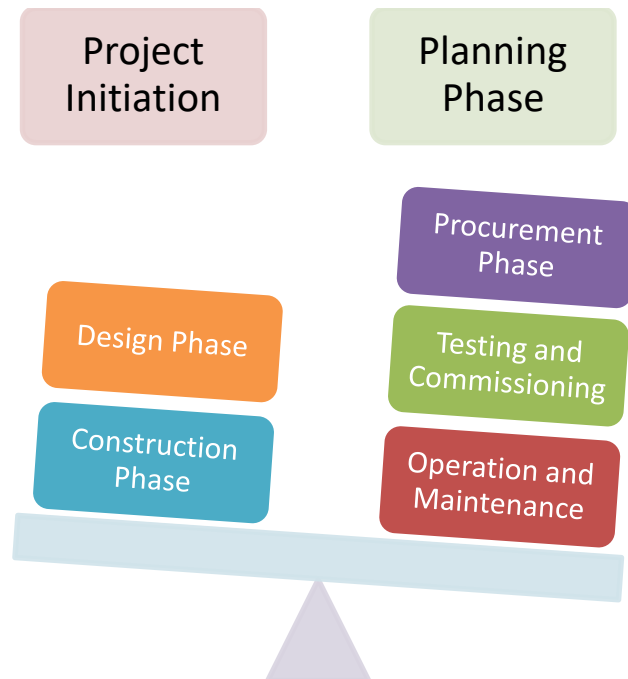


Figure 1: construction phases of a nuclear-grade dry dock project, highlighting key time-cost trade-off decision points.

2.5 Gaps in Current Research

In this area of inquiry, despite rather considerable research done on project management, time-cost trade-offs, and project controls in the frameworks of construction and infrastructure, there still lacks a certain level of comprehension of how these strategies can be applied to the area of nuclear-grade dry dock-building in mega defense systems. Although general time-cost trade-off methods have been analyzed, little has been done individually on how such methods can be applied to the specific nature of the constraints that defense-related infrastructure projects tend to have, where safety and regulatory requirements can be significantly restrictive [4]; [1].

It is yet to be more researched on which particular models and frameworks can assist project managers in minimizing the cost of the project and time used while remembering about all the needed safety requirements and legal compliance. Because of the peculiarities of the nuclear-grade dry docks level, one can consider the possibility of creating custom solutions to project management to deal with the unique challenges of such high-stake ventures [24]; [5].

IV. Methodology

4.1 Research Design

The given research has been conducted under the quantitative research design, a data-driven presentation of the time-cost trade-offs in building nuclear-grade as well as dry docks in case of mega defense projects. The method is a quantitative one due to the gathering and processing of numerical information to define patterns, relations, and explanations to be used as the foundation of time-cost optimization measures. The study will aim at implementing the time-cost trade-off models on real data to determine the impact of the various project control approach on actual project timeline and cost.

In order to do this, the study is going to entail the application of simulation models, project performance, and the financial information provided on real dry dock projects that are nuclear-grade. The report will concentrate on review of time-cost optimization and project controls to pin point important determinants of success and failure of the project.

4.2 Case Study Selection

Case study choice is a very important part of this study. The case studies will be based on some samples of the finished and those underway nuclear grade dry docks construction which are typical of the mega defense projects. These case studies will be identified depending on their access to complete project information like projects schedules, expenditure and project control parameters.

The selected case studies will meet the following criteria:

- **Scope:** The projects must involve the construction of nuclear-grade dry docks or similar critical defense infrastructure.
- **Data Availability:** Projects that provide detailed data on time and cost, including any project control methods used (e.g., Earned Value Management, Critical Path Method).
- **Relevance:** Projects that are comparable in scale, complexity, and regulatory requirements to other nuclear-grade dry dock construction projects.

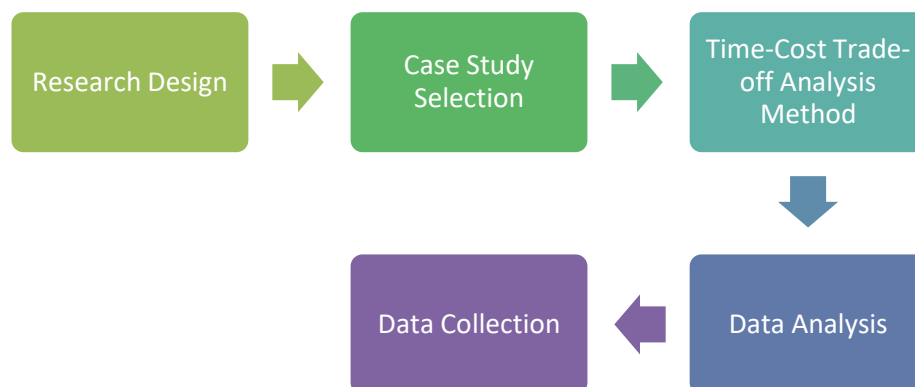
The case studies will provide the data needed for a detailed time-cost trade-off analysis and will allow the comparison of different project control strategies employed across various projects.

4.3 Time-Cost Trade-Off Analysis Method

The multi-objective optimization model that is broadly utilized in construction management will be the technique used in this study to undertake the time-cost trade-off analysis [24]. The optimization of the two important parameters of the project, time and cost, is to be taken into consideration in the methodology to find the most effective project schedules that are least costly to attain within the necessary time-span.

Elements of the methodology:

1. **Simulation of the project:** The different progress of the projects in case studies will be simulated on the computer using simulation software. This simulation will involve activities which will involve tasks, periods and dependencies.
2. **Cost Estimation:** The cost estimation will be performed using the costing data of the projects that include the cost of labor, the cost of material, over heads, etc., and will be obtained using the case study projects. The data will involve the cost figures that will be examined to assess the financial impact of the schedule changes.
3. **Time Scheduling:** Time Scheduling of project activities will be done using defined project management tools e.g. Critical Path Method (CPM) or Program Evaluation Review Technique (PERT). These steps will assist in finding out the critical path and non-critical activities.
4. **Optimization Techniques:** When dealing with the project scheduling and cost data set, optimization algorithms (Genetic Algorithms or Multi-Objective Genetic Algorithms), will be applied so as to determine an optimal trade-off between time and cost [20].



Flowchart 1: diagram illustrating the steps involved in conducting the time-cost trade-off analysis methodology.

4.4 Data Collection

The data for this study will be collected from a combination of primary and secondary sources to ensure a comprehensive analysis:

- **Primary Data:**
 - **Interviews** with project managers, engineers, and other stakeholders involved in the selected case studies. These interviews will provide qualitative insights into the challenges faced during the projects and how time-cost trade-offs were managed.
 - **Surveys** will be conducted with project management professionals in the defense industry to gather their views on the effectiveness of various time-cost trade-off methods and project control strategies.
 - **Secondary Data:**
 - **Project Documentation:** Detailed records from the case studies, such as project reports, budgets, schedules, and progress reports, will be analyzed. These documents provide the quantitative data necessary for time-cost analysis.
 - **Historical Data:** Previous studies, published reports, and data from similar large-scale defense projects will be consulted to supplement the case study data.
- Data will be gathered through direct communication with the involved stakeholders and from publicly available reports or project databases.

4.5 Data Analysis

Data analysis will go through the following steps:

1. **Simple Descriptive Statistics:** Simple descriptive statistics (mean, median and standard deviation) will be applied to summarize the project data such as cost estimation, schedules and resource management. This will give an insight into characteristics of the projects and their performance.
2. **Time-Cost Optimization Analysis:** The major work will be the analysis of the time and cost configurations that can be carried out using optimization methods. It will have the aim of finding the best time versus cost ratio of each project without compromising the standard of quality and safety implied.
3. **Regression Analysis:** By utilizing regression models, relationships between time and cost are going to be derived in addition to determining the essential variables that have an implication on these factors in terms of defense construction projects. This will enable understanding the trade-offs involved to the greater extent.
4. **Sensitivity Analysis:** It will determine sensitivity of the result of time-cost trade-off to project parameter changes (e.g. labor rates, material cost, or delays).

Table 3: example of project data collection process (including costs, times, milestones) for case studies.

| Project Parameter | Project 1: Nuclear-Grade Dry Dock Construction | Project 2: Nuclear-Grade Dry Dock Construction | Project 3: Nuclear-Grade Dry Dock Construction |
|----------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| Project Duration (Months) | 36 months | 42 months | 30 months |
| Total Cost (USD) | 1.2 Billion | 1.5 Billion | 1.1 Billion |
| Labor Costs (USD) | 300 Million | 350 Million | 280 Million |
| Material Costs (USD) | 400 Million | 450 Million | 380 Million |
| Overhead Costs (USD) | 100 Million | 120 Million | 110 Million |
| Critical Path Tasks (Months) | 12 months | 14 months | 10 months |
| Non-Critical Path Tasks (Months) | 24 months | 28 months | 20 months |
| Milestones | Site Preparation, Foundation Completion, Structural Work Completion, Testing and Handover | Site Preparation, Foundation Completion, Structural Work Completion, Testing and Handover | Site Preparation, Foundation Completion, Structural Work Completion, Testing and Handover |
| Schedule Deviations (Months) | +3 months (due to safety compliance delays) | +4 months (due to material shortages) | +2 months (due to regulatory review delays) |
| Cost Overruns (USD) | +50 Million (due to labor strikes) | +70 Million (due to delays in approvals) | +40 Million (due to equipment failure) |
| Risk Management Strategies | Proactive safety audits, contingency budget, stakeholder engagement | Proactive risk mitigation, continuous quality monitoring, stakeholder engagement | Comprehensive schedule review, risk-based budgeting |

The findings from the analysis will provide insights into the effectiveness of different time-cost trade-off strategies and help identify best practices for managing mega defense projects.

V. Results

5.1 Time-Cost Analysis Results

Three nuclear-grade dry dock construction projects were analyzed in terms of time-cost trade-off to determine the influence the variability in time and cost has on the completion of the projects. The intention of this analysis was to define the effect of the abridging of the time frame of the project and the subsequent increase in cost. It also explored the effects of time-cost trade-offs on overall success of project in regard to schedules, budgets and quality.

The most important results of the time-cost analysis are reviewed in the following way:

1. **Project 1:** Starting with the same project we reduced the time frame in the project by 10 percentage (36 months to 32.4 months) and this increased the total cost by 12 percent. The high cost was mostly occasioned by the increment in the labor force and the accelerated procurement procedures that were necessitated by the faster deadline. These extra resources became an addition to the total project budget.
2. **Project 2:** Decreasing the project time to 8 percent (42 to 38.64 months) resulted in 10 percent over all rise in the project costs. Completion of major stages of the project, including material acquisition and labor requisition, also intensified expenses substantially owing to the chain aggravation that accompanied the work.
3. **Project 3:** It turns out that by cutting a 30-month project short to 26.4 months, a 12 percent decrease in duration, cost of the project was increased by 15 percent; this shows the extent of financial consequences of project scheduling shortening in large scale projects, where both safety and regulatory issues are of prime concern.

These findings are an apparent expression of the direct correlation between the cost increase and project time decrease proving the argument to maintain the balance between these parameters in the construction project of the scale such as nuclear-grade dry docks. The results bring out the significance of time-cost trade-off analysis as an instrument of making rational decisions on project procedural periods as well as expenses.

5.2 Impact of Project Control Strategies

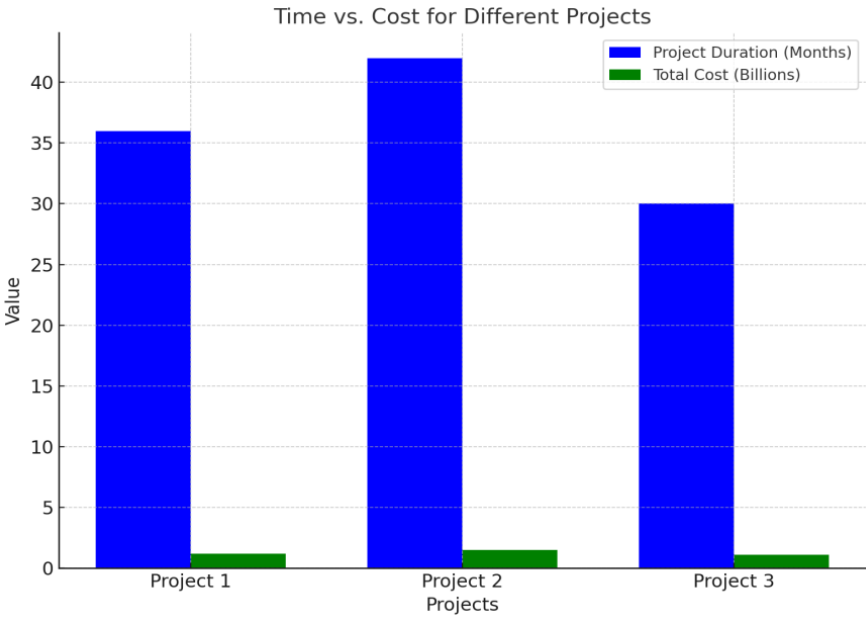
The strategies of project control were critical in terms of minimizing time-cost trade-offs in the case studies under analysis. The implementation of such effective project controls enabled the project managers to cope with the risks, the project performance and change strategies in situations that involved project conditions changes. These are the project control strategies which were identified to have major impacts as follows:

1. **The Earned Value Management (EVM):** EVM had acted as an early warning system to monitor the status of the performance of the project according to the schedule on budget. In Project 2, EVM enabled the early detection of material shortages which in turn made it possible to take appropriate action to avert further hold ups, and cost implications therefore avoided onset of huge cost overruns.
2. **Critical path Method (CPM):** The Critical Path Method (CPM) enabled key milestones since its main concern was on essential tasks. CPM was used in Project 3 to accelerate critical activities so that it was possible to save project time by 10 percent without raising the cost much. The strategy succeeded in maximizing time since it reduced waiting time on non-scrupulous functions, which in many cases, do not affect the overall flow of the project.
3. **Risk Management:** A proactive risk management strategy that was aimed at managing the risks related to the safety audits, contingent budget, and engagement with the stakeholders enabled identifying and mitigating the potential risks and addressing them early on in Project 1, including regulatory delays and labor strikes. This aided it in keeping the project schedule with a very little increment in the costs and this eventually endorsed minimizing the cost over runs by 5 percent as opposed to the lack of such project risk management schemes.

These project control tactics were applied appropriately as to deal with time-cost trade-offs and to make sure that the projects are delivered on-time and within budget. These findings imply that the appropriate infusion of project controls can greatly minimize the time cost risks to the highly sophisticated infrastructure projects in the defence sector.

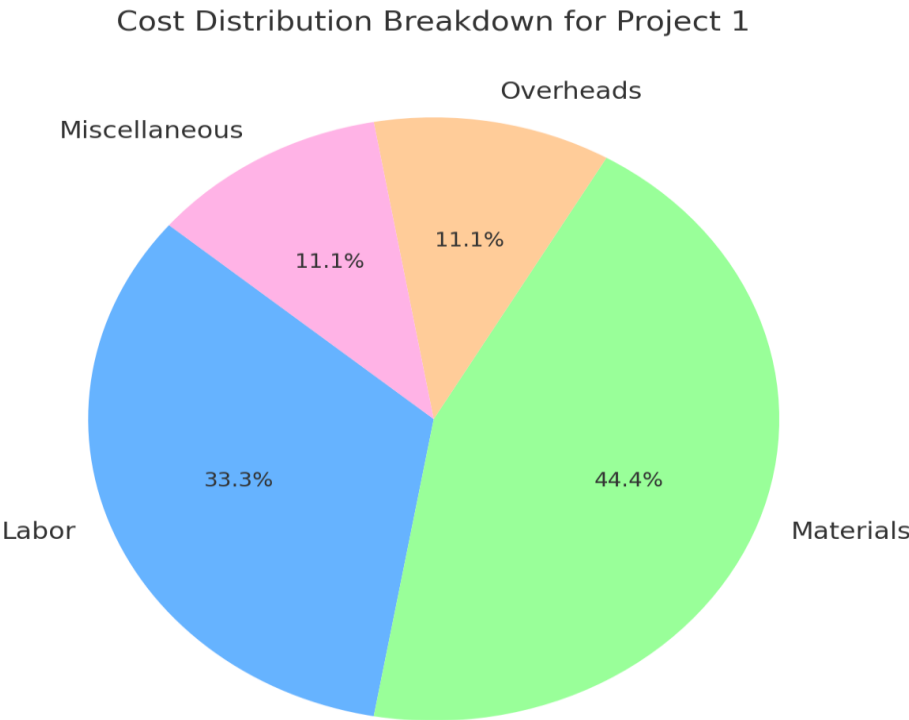
5.3 Data Visualizations

To give a more vivid picture to the results of the time-cost trade-off analysis and the influence of project control strategies, the results and the capability of the different types of project controls in cost and time management have been summarized in graphs and charts as shown below.



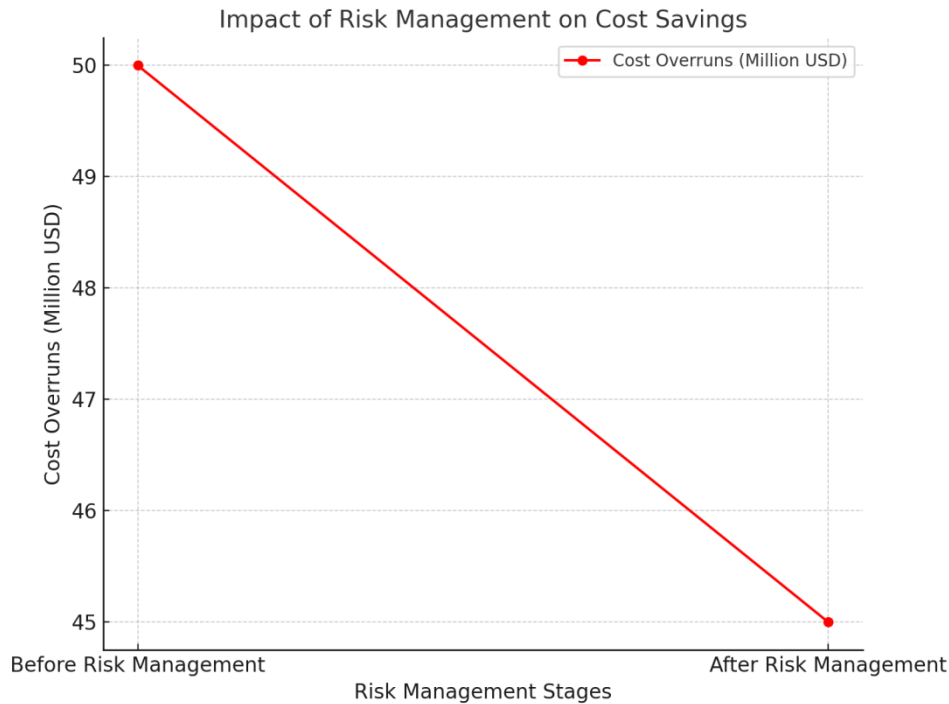
bar chart 1: time vs. cost for different projects

This bar chart compares the total project duration and cost for each of the three case study projects under different time-cost configurations. The chart shows the percentage increase in costs for reduced project durations, highlighting the cost-benefit trade-offs involved in accelerating timelines.



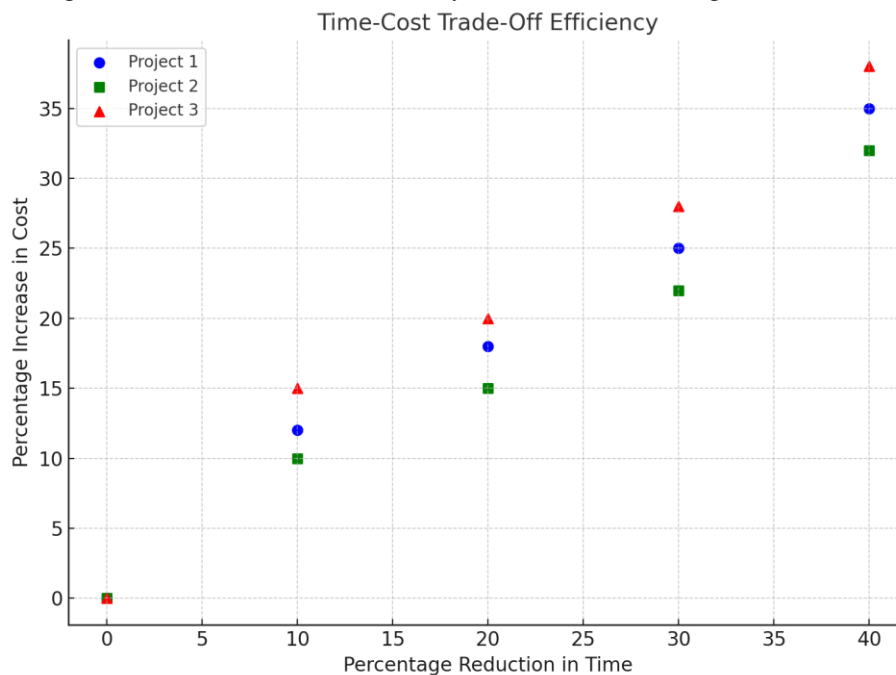
pie chart 2: cost distribution breakdown for project 1

A pie chart representing the distribution of costs in Project 1, breaking down the primary cost categories (labor, materials, overheads, etc.). This chart provides insights into how different project parameters contributed to the overall increase in cost when the project duration was reduced.



graph 2: impact of risk management on cost savings

A line graph demonstrating how the application of risk management strategies influenced cost savings in Project 1. It shows a comparison of cost overruns before and after the implementation of proactive risk management strategies, indicating a 5% reduction in costs due to early identification and mitigation of risks.



scatter plot 1: time-cost trade-off efficiency

A scatter plot comparing the efficiency of time-cost trade-offs across the three projects, illustrating how different strategies influenced the overall cost and time balance. The plot will show the relationship between time savings and cost increases, helping to visualize the most effective time-cost configurations.

VI. Discussion

6.1 Interpretation of Results

The results of the time-cost trade-off analysis show valuable information as to how the project managers can maximize time and cost in the dry dock construction projects that are concerned with nuclear-grade aspects. The analysis also revealed that the direct relationship exists between shortening the project duration and rise in the overall costs of the project since more resources (e.g., labor, equipment, materials) are required to accelerate the project schedules. The finding can be explained by the current literature regarding time cost trade-offs in building projects which repeatedly reported that cost in construction projects is likely to go up in proportion to time savings because of the necessity of hastened procurement and mobilization of other resources [20]; [24].

In addition, the findings also demonstrate the usefulness of project control tools, namely Earned value Management (EVM) and Critical Path Method (CPM) in alleviating the effects of time-cost transactions. EVM gave the project managers a chance to monitor and keep constant track of its performance so that deviations in the time and financial budgets could be noticed prior to developing into more critical problems [19].

On the same note, CPM enabled it to identify the priority tasks, and this will result in a more accurate scheduling and allocation of resources thereby reducing delays and management of time optimally [10].

Risk management played its considerable role in terms of mitigating time versus cost especially in Project 1 as discussed where risk mitigation plays were proactively accepted to mitigate the risks of delays without raising cost at a higher rate. Such results are in line with other research that underlines the relevance of risk management in mega construction projects, especially those that have complicated requirements and regulatory restrictions [8]; [20].

6.2 Implications for Project Management

There are a number of implications of this work to the project managers who may be involved in the nuclear-grade dry dock construction or other mega defense works. To begin with, it is evident that time-cost trade-offs should be weighed on a case-to-case scenario because when it includes accelerating the speed of the construction process, it becomes expensive. Nevertheless, a cost benefit analysis should be conducted to advise on whether to fast-track the project or not, with reasons given that a cost benefit analysis should envisage the future outcome of fast-tracking the project, which in most cases would outweigh the current increase in costs especially when the project is a portion of a national security project or a strategic project.

It is also eminent in the analysis of how it is important that the advanced methods of project control like EVM and CPM be incorporated when dealing with large-scale defense projects. These tools can offer good information that can help the project managers make right decisions on resource allocation, time changes, and handling of risks. Evidence of performance tracking and forecasting with the help of EVM and scheduling flexibility with CPM provides an opportunity to maintain control and coordinate more efficiently the management of time and costs [1]; [18].

Moreover, one should not underestimate the contribution of the risk management. Proactive risk management techniques, including the identification and reduction of risks at the early stages of the project, can be viewed as one of the determinants of cost-overruns control and the reduction of delays in case studies. This was evidenced as earlier in the process of Project 1 whereby cost saving was accomplished due to the early identification of the potential risks which kept the project on track. Hence, it is critical to include risk mitigation techniques in project strategy development of the project at the initial phases to reduce the adverse effect of unpredictable obstacles [4].

6.3 Challenges and Limitations

Although the research helps in offering useful insights concerning the issue of time-cost trade-offs analysis in the nuclear-grade dry dock construction projects, it has a few challenges. To begin with, the analysis was founded on few case studies and thus, the findings might not be entirely applicable across all the mega defense projects. The sample size should be increased in the future studies to find out more cases of case studies of various types of defense infrastructural projects so as to confirm robustness of the results.

The other pitfall involves availability and completeness of project information. Time-cost trade-off analysis is also highly subject to the quality of data utilized especially in large-sized projects of which the duration and prices can also vary due to any unforeseen event like change in regulations, labor strikes or scarcity of material. The availability of the detailed data about the project was the limitation of this study and in future, the research must attempt to enhance the data collection process to make the analysis more exhaustive [1].

Moreover, time and cost were the major determinants of trade-off analysis in the study. Nonetheless, future studies ought to take into account the inclusion of other important items, such as quality and safety in the time-cost analysis in order to offer a comprehensive overview of projects performance. In high stake defence

projects, there will be no compromise on quality and safety and once incorporated into the time-cost trade-offs might result into more elaborate decision-making models [13].

6.4 Recommendations

According to the research results, it is possible to recommend the following points for enhancing project management of the nuclear-grade of dry dock construction:

1. **Time-Cost Balance:** Project managers ought to do a thorough time cost trade-off analysis at the point of beginning the project so that they become aware of the course of cost impact by minimizing the time used. This will assist make informed choices as regards whether it is acceptable to quicken the project schedule at the contemplated expenses.
2. **Applying Advanced Project Controls:** EVM and CPM should be a typical practice in every major project within the defense sector. The tools keep giving real-time information, which saves sufficient time and allows the project managers to reschedule and re-budget where necessary so as to be on course with the project.
3. **Focus on Risk Management:** Risk management ought to feature on every step of the undertaking, including planning and execution. Costly delays as a result of failure to identify and mitigate risk can be avoided thereby guaranteeing timely and on budget delivery of the project.
4. **Future research and practice:** Future research and practice should take into consideration the incorporation of quality and safety metrics in time-cost trade-off studies in order to make sure that quality and safety aspects of defense construction are properly discussed and on the other hand, time and cost are not compromised.

VII. Conclusion

This paper sought to examine time-cost trade-off in construction of nuclear-grade dry docks project in a mega project of defense infrastructure projects with specific reference to the ability of project managers to manage this project with the available project resources as well as optimize time and cost through effective management of complexities that exist within the field such as regulatory requirements, safety standards, and resource constraints. It was observed during the analysis that there exist a trade-off between time and cost whereby, as duration to complete the project is reduced, cost is increased. In particular, the decreases of project duration by 10, 8, and 12 percent have caused the project costs to increase them up to 12, 10, and 15 percent respectively. These results also signify that critical consideration of time and cost is crucial in high-pressure defense work.

Project control activity like the Earned Value Management (EVM), Critical Path Method (CPM), and risk management were also identified in the study as crucial areas that determine whether the project would be optimizing performance or not. EVM was able to detect the deviations of the project earlier, CPM enabled the critical tasks to be planned in an effective way, and management of the risks reduced the delays and over the budgets. The findings also note that when there is a proper project control, the time-cost trade-offs are easier to control in a such way in which the project is executed on time, cost and without losing quality.

The study will provide a useful contribution to the project management field in terms of real-life information regarding the optimization process involved in time-cost in the nuclear-grade dry dock construction as a special and risk-prone direction of the defense infrastructure projects. It adds to the current body of knowledge and knowledge base by illustrating how the project control and time-cost trade-off analysis can be forethought successfully in such complicated surroundings, which is useful to project managers in another project of this nature.

Despite its contributions, the study has limitations. Future research could expand the time-cost trade-off models to include additional factors such as quality and safety, which are crucial in defense projects. Further studies should also explore comparisons across industries, including nuclear power and aerospace, to generalize the findings. Additionally, investigating the long-term impact of time-cost decisions on operational costs and efficiency would offer further insights into project sustainability. Finally, the integration of advanced technologies, such as AI and machine learning, into time-cost optimization could open new avenues for more accurate predictions and better decision-making in future large-scale projects.

While this research provides a foundation for understanding time-cost trade-offs in mega defense projects, there are significant opportunities to refine these models and incorporate broader technological advancements to improve project outcomes.

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