

Managing Editor Board

- ❖ Dr. Sayed Mahdi Golestan Hashemi
Head of the Iranian Research Center for Creatology,
TRIZ & Innovation Science, Iran
- ❖ DR.P.MALYADRI
OSMANIA UNIVERSITY, India
- ❖ DR. Waspodo Tjipto Subroto, M.Pdi
State University of Surabaya, Indonesia
- ❖ Dr.Krishnamurthy Prabhakari
SRM University, India
- ❖ Dr. makarand upadhyaya
cba, jazan university, jazan , saudi arabia, Saudi Arabia
- ❖ Dr Joy Mukhopadhyay
ISBR Bangalore, India
- ❖ Dr. Abdulsalam Jibril
Adamawa State University,Mubi Nigeria., Nigeria

Contact Us

Website URL : www.iosrjournals.org
Email : support@iosrmail.org



Qatar Office:

IOSR Journals
Salwa Road
Near to KFC and Aziz
Petrol Station,
DOHA, Qatar

India Office:

EHTP, National Highway
8, Block A, Sector 34,
Gurugram, Haryana
122001

Australia Office:

43, Ring Road,
Richmond Vic 3121
Australia

New York Office:

8th floor, Straight hub,
NS Road, New York,
NY 10003-9595



Contents:

Critical gaps in current physical activity and HIV literature: A review	01-09
A Triple Jump Performance Optimization Model Based on Flight Phase Biomechanical Factors	10-17
A Study to Find Out the Effectiveness of Hip Muscle Strengthening On Static and Dynamic Balance In Chronic Ankle Instability	18-22
Relationship between Upper Extremity Dynamic Balance and Hand Grip Strength in Professional Basketball Players-A Pilot study	23-29
Impact of Various Foot Arches on Static and Dynamic Balance Among Trained Football Players - A Pilot Study	30-35
Relationship between Core Endurance and Flat Foot Among College Students	36-40
Correlation of Parameters of Fitness Test among Male Adults in India	41-44
Perception Of Physical Exercise During The Covid-19 Pandemic Period	45-52
Sagittal plane kinematics of triple jump: A review	53-60
Test Investigation of Physical activity climate, positive and negative effect, and Encouragement	61-64